

Gilding the Needle

"A few stitches today – an heirloom tomorrow"

A chapter of the Embroiderers' Association of Canada
(EAC) eac.ca

President's Message Fall, 2014

I cannot believe it is the end of Summer. It has been hot and cold and dry and humid, and everything summer was suppose to be, and not be. My plants are so tall!

I want to first thank Elizabeth and Theresa for holding the Stitch Ins this summer. We had a lot of fun. Thank you everyone who attended, and made them so special.

Thank you Marg for looking after the Homesteader Days display in Odessa this August and to Joan, Donna and Theresa for volunteering to represent our Guild at the event. It was a great opportunity to talk with people interested in embroidery and encourage them to come to our Needle Arts Fair this October.

There is another opportunity to *Stitch In Public*, Saturday, September 27 at the Grace Center in Sydenham. Please let me know if you are interested in coming.

Donna, Kristeen and Mickie have been working hard on the poppy wreath banner. Donna tells me it looks wonderful. I am sure we are all looking forward to seeing it. Thank you ladies for all your work on it on behalf of our Guild.

The morning and afternoon programs this fall look very interesting. Thanks Ros for looking after purchasing the material for the morning program.

Our morning learn-a-stitch will be blackwork stitches this year. Ros and Anjali have many great ideas. Please see them if you are able to help out with teaching during our morning program.

There will be the opportunity to sign up for the afternoon programs for September to December. Linda Burke is offering two projects Jacobean leaf and a kantha picture. Information was e-mailed this summer regarding Linda's kantha picture requirements. Please see her if you did not get a picture and are signing up. Mary Lou Wilson will be doing a beginners hardanger course.

Remember that there is always an afternoon UFO stitch table. If you decide not to sign up for a fall afternoon program, please bring work and stay for the afternoon. It is a great time to visit and ask for help from someone who has finished their piece.

continued page 2



Member of Ontario Network of
Needle workers
(ONN) onguilds.ca

Cataraqui Guild of Needle Arts

Member of Embroiderers'
Association of Canada

meets

1st & 3rd Mondays

9:30 am — 3:30 pm

at

Edith Rankin Memorial Church Hall
4080 Bath Rd.
Kingston, On

Volume 13 Issue 1
September, 2014

Advertisers	4
CGNA Web site	11
Coming Events	11
Editor's Message	2
Executive 2014-15	2,4
Fall Programme Schedule	7
Fractals	8
Guild Road Trip	8
Homesteaders Days	6
June Meeting	9
Needle Arts Fair Poster	3
President's Message	1,2
Quilts for Victims of the Moncton Shooting	11
Seminar 2014 - Ottawa	10
Stampeding Stitches - Seminar 2015	11
Summer Stitch-Ins	5
Workshop Etiquette	12

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**2014 -2015
Executive
of
Cataraqui Guild of Needle Arts**

Suite 802
829 Norwest Road
Kingston, ON, K7P 2N3

President

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Anjali Shayam

Workshop

Mary Lou Wilson

Our main fundraiser, “*A Step Back In Time*” which is our eleventh annual Needle Arts Fair, is quickly approaching. Look out for our *embroidered ladies*, thanks to everyone who volunteered to embroider one for the Fair.

Please let Theresa know if you have work to display. Thank you everyone who has completed a small ornament for our fundraising tree and please don't forget to sign up to volunteer to help on Fair day.

This event is very important, as the monies from it help to pay our rent and other guild expenses.

Looking forward to seeing everyone Monday, September 8th.

Diane

From the Editor

Welcome back to another interesting year at the CGNA.

As you will, no doubt, all remember I have been asking for input into the newsletter from you. I am very happy to report that several members have made contributions to this issue.

Thanks, Ros, Theresa, Mary Lou, Kristeen and Donna. I appreciate receiving your contributions and I really believe that it makes for a much more interesting publication.

Please remember the newsletter when you see or hear anything that you think would be of interest to our group. Pictures from shows or places you have been are always welcome.

Hope you all enjoy the coming year.

Elizabeth



CGNA Needle Arts Fair 2014

invites you to

Step Back in Time

Saturday 4th October 2014

10:00 AM - 3:00 PM

*Kingston Seniors' Centre
56 Francis St., Kingston, ON*

*Exhibitions, Merchants' Mall,
Demonstrations,
Antique Sewing Implements,
Door Prizes*

*Check out our website for more information
www.kingstonquilts.org/cgna/*



Meet your executive for 2014-15



Introducing your executive and assistants for 2014-15. From left to right: (back row)), Diane Dukoff, Sally Fink, Marg Henshaw, Barbara Jackson, Elizabeth Vandenberg, Ann Miller, Simone Lynch, Mary Lou Wilson, Donna Hamilton, Christine Allan, (seated) Anne Claudio, Anjali Shyam, Tricia Vretteas, Irene Hodge, Roslyn Hanes, Eileen Hanson and Susanne Grugel.

The members were most appreciative of the work done by retiring members of the executive, Kristeen Krestensen and Guylaine Belanger.

A special thanks was given to Mickey Beauchamp - communications, Shirley Peters, cards, Maureen Byer card making, Penny Arnott, raffles and draws and seminar committee and Needle Arts Fair, Theresa Lawrence.

Thanks to everyone who works hard to make the guild so successful.



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& Needles

www.knowledgeandneedles.com

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**Please note: Knowledge & Needles will be closed
mid November 2014 - May 2015**

SUMMER STITCH-INS

Thanks to Elizabeth for opening her home up in July for a summer stitch-in. It was a perfect day to sit on her deck and stitch and chat, look out onto the waters of Lake Ontario and get caught up with old friends and former guild members Rosanna and Peggy. No event would be complete without Diane showing up with plants for whoever would take her “babies”.

I chose August for the stitch-in at my place because I thought it might be a little cooler. Wrong -- it was one of our warmer humid days, thank heavens for a little breeze. However that didn't seem to matter as people sat and stitched and chatted away. Ann McDonald from Knowledge and Needles joined us for the day. Linda Hetherington, my neighbour and past guild member, also came for a visit along with her new puppy. Dorothy Forrester, a soon to be new guild member, brought along some bobbin lace and some of her hardanger to show us. Very intricate work. We even had a fox come to visit us. And oh yes, Diane came with plants.

Everyone had interesting pieces that they were busily working away at and come the Show and Share in September you better be ready to be impressed.

Theresa



Homesteader Days, Odessa -Sunday Aug 17, 2014

Joan Legros and I arrived at the Odessa fairgrounds around 9 a.m. We moved the display into the “palace” so we’d be with everyone else. Marg Henshaw had already moved the two quilts. So we set up the CGNA banner and all the item we had brought.

The day was warmer than Saturday, and about 30 people dropped by to see what we were doing. The food was great; fresh corn on the cob, hamburgers, fries, ice cream, yummy homemade turkey soup and pies. We couldn’t eat all of that but watched as Eric Simpkins did, throughout the day, of course.

Janet Wagg came in full homesteader attire and demonstrated weaving.

All and all we had a fun day!

Donna Hamilton



Cataraqui Guild of Needle Arts Fall 2014 Programme

September 8	AM	Welcome to the CGNA 2014 season Introduction to the morning learn-a-stitch blackwork project and distribution of the fabric Show and Share
	PM	Registration for the afternoon programmes beginners hardanger - Mary Lou Wilson 2 parts: Jacobean leaf and a kantha piece - Linda Burke
September 15	AM	Learn-a-stitch: blackwork Theme truck show - India & surrounding countries
	PM	UFO group beginners hardanger - Mary Lou Wilson 2 parts: Jacobean leaf and a kantha piece - Linda Burke
October 6	AM	Learn-a-stitch - blackwork Show and Share
	PM	UFO group beginners hardanger - Mary Lou Wilson 2 parts: Jacobean leaf and a kantha piece - Linda Burke
October 20		All day workshop with Caroline Mitchell - canvas work - needle cleaner
November 3	AM	Learn-a-stitch: blackwork Show and Share
	PM	UFO group beginners hardanger - Mary Lou Wilson 2 parts: Jacobean leaf and a kantha piece - Linda Burke
November 17	AM	Learn-a-stitch: blackwork Theme trunk show - hardanger
	PM	UFO group beginners hardanger - Mary Lou Wilson 2 parts: Jacobean leaf and a kantha piece - Linda Burke
December 1	AM	Learn-a-stitch: blackwork Show and Share
	PM	UFO group beginners hardanger - Mary Lou Wilson 2 parts: Jacobean leaf and a kantha piece - Linda Burke
December 15	AM	Town Hall meeting Christmas Potluck lunch
	PM	Revisiting Seminar 2014 with Ros Hanes, Barb Jackson and Ann Miller

Fractals

This summer at the July 1st Art Festival in City Park I was introduced to fractals. From there I've found fractal embroidery and fractal lace. It is magnificent!

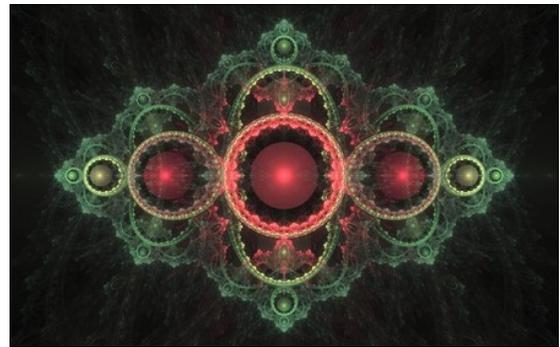
What is a fractal you say? Well, fractals are designs based on a mathematical formula. They are a never ending pattern.

If you Google fractal embroidery or fractal lace you can see all kinds of beautiful images that will just blow your mind away. They are magnificent. There are several companies that have cross stitch kits for fractal embroidery. Tatting and bobbin lace also lend themselves to this kind of work. Check it out, you'll be amazed.

Theresa



fractal cross stitch



fractal lace

Guild Road Trip

Islands Playhouse Theatre Costume Department on the main street in Gananoque. From there we will go on to the ***Threadworks Exhibition*** at the Arthur Childs Museum down on the waterfront. We will stop for ***lunch*** at one of the many restaurants; and then on to see ***Educating Rita*** at the 1000 Islands Playhouse Theatre for their 2:30 matinee.

You can opt in or out of any part of this road trip but I do need to know in advance so I can order the tickets for the play and let the wardrobe mistress know how many people to expect.

Sign-up sheets will be available at our first meeting. Tickets for the play are \$32 and \$30(seniors). If we are more than 10 people \$28 and \$26 if there are 20 people or more. If you want to bring a friend that is okay by me but I still need to know for numbers.

Theresa

JUNE MEETING

Our last meeting of the year was a busy one. As well as our regular meeting we also held our annual general meeting, reviewing year end reports and welcoming our new executive.

The town hall meeting followed with frank discussion about the way our learn-a-stitch programme has been conducted over the past few years. Members felt that they would like to see more time provided to practice the stitches being taught. The guild was set up as a teaching guild and while it is desirable to have a wonderful social atmosphere more time should be spend on the learning aspect of the guild.

It was, therefore suggested that the meetings should start on time, the business meetings be no longer than one-half hour and the coffee break be shortened. It was decided to try to have more information included on the agenda to help shorten the business meeting. Members will be encouraged to stay longer in the afternoon to participate in the afternoon classes, practice the stitches they have been taught in the morning or work on their current projects. We were also reminded to be courteous to our instructors and other members. With this in mind "*Workshop Etiquette*" has been printed on page 12.

The day was not all business. Following the town hall meeting we enjoyed our usual terrific pot luck luncheon and then members were set free to search for bargains among the many books, fabric, thread and other bric-a-brac on sale at bargain prices.



SEMINAR 2014 - OTTAWA

Seminar 2014 came at a very busy time of year and as it approached I wasn't very keen on going, but Mary Lou said I would enjoy myself when I got there and, of course, she was right!

I was going mid-week unlike most people who would already know where and when to go places. However luckily for me, almost the first people I saw there were Barb and Ann and after I got settled in my room I was off to their rooms for a fun, buy it all at the local grocery store, supper. I was well looked after!

That evening was the Merchant's Mall with interesting items made by the various teachers plus lots of materials, threads, tools, etc., etc. and I couldn't go home empty handed, could I? I also had my first walk through the member's exhibit and the special exhibits. Beautiful!

The next morning was my one-day class, Raised Native Beadwork, with Naomi Smith. Naomi is a super teacher; well organized, very clear in her instructions and happy to teach us about Woodlands First Nations culture. We made needle cases using traditional raised and flat appliqué beading techniques.

Friday evening Naomi gave the guest lecture talk open to all seminar participants. It was a wonderful informative talk and we were all excited to see the beautiful examples of native work she had with her. It was fascinating to hear how native beadwork changed from pre-European times through the early 1800's and Victorian times to now.

Saturday and Sunday I did Naomi's Native Quillwork Box workshop. We made small birch bark boxes using materials and methods that have been used for centuries. I look forward to showing off my box in December when Barb, Ann and I talk about our seminar experience.



Saturday night was the banquet night and here Ann, Barb and I are looking forward to a fun evening and a wonderful meal... and it was!

Everybody at the banquet was given a little cow "Moo" by the 2015 seminar committee from Calgary (next year's seminar there looks good but it's a long way to go!) Over the year they are hoping that all the Moos will take selfies of wherever they go.



The next day my Moo ended up in the bin of porcupine quills at my quill box workshop. How's that for dedication to our work. Ouch! Since then my Moo has been more than a mile underground visiting the Sudbury Neutrino Observatory and trying to escape from Alcatraz prison.

Over the 3 days I was at Seminar, I kept popping in to the exhibit room and examining the various displays and I always found something interesting and new I hadn't noticed before. There were some wonderful pieces there but I kept thinking we should have had some of our work there as well, just to show off a little! All in all I had a great time at Seminar although sometimes finding a meal was a bit tricky at Algonquin (many of the food outlets closed on the weekend) and I must admit that I was a bit disappointed that there wasn't a good evening meeting place. However most importantly my classes were great and I did meet some wonderful stitchers from across the country.

Many thanks CGNA for helping me to go to my first ever Seminar and I will certainly try to go again sometime in the future.

Ros Hanes

COMING EVENTS

Threadworks 2013

September 12 - October 31 - Arthur Child Heritage Museum in Gananoque

Perth Road Village Quilt Show

Saturday, September 20, 9 a.m. to 4 p.m. admission \$5, luncheon \$2 served from 11 a.m. to 2 p.m. Location - the Sunday School Hall in Perth Road Village

Inspiration and Exploration

The Kingston Fibre Artists group is presenting their fall exhibition at the Kingston Frontenac Public Library, 130 Johnson Street, Kingston - August 29 to September 24, 2014. On September 13 you are also invited to the "Artists Walk & Talk" at the library from 2-4.

Quilts for Victims of Moncton Shooting

Several of our members participated in the request for blocks to make quilts for the families of the fallen Moncton Mounties. Ann MacDonald of Knowledge and Needles has been putting pictures of the squares she has received on her web site.

<http://knowledgeandneedles.blogspot.ca>

The CGNA Web Site

Be sure to let our web master, Donna Hamilton, know if you find a link you'd like to share with everyone and if you have suggestions for our site. After all, it is your web page. Our address is:

<http://quiltskingston.org/cgna> E-mail address: cgna@quiltskingston.org

Stampeding Stitches - Seminar 2015

You can read all the information about the upcoming seminar in Calgary and see the class projects being offered by logging onto eac.ca and entering seminar then Stampeding Stitches.

SABLE—Stash **a**cquired **b**yond **l**ife **e**xpectancy.

Workshop Etiquette

Be prepared. Make every effort to have all necessary materials and equipment for your class. If you have a question or concern, contact the teacher directly. If you think you may need extra light or magnifiers (if you use them at home, definitely) bring them! Remember to include an extension cord or power strip... and perhaps even an extra as they are often needed. Double check the workshop description for any extra items you may need to add to your usual stitching supplies. Ask stitchers you know what items they find helpful to have in a workshop situation.

Wear a name tag. It will help the teacher and your neighbours get to know you.

Arrive on time... or better yet, early. Be prompt when returning from lunch or break times. If you must leave early, do so quietly. Let the teacher know you will be leaving early, but do not request extra time of her because of it.

Be alert. Listen carefully and attentively to the teacher the first time she explains a procedure or moves on to a new technique. Make a quick note of any questions you have, but don't interrupt. Read your instructions. Then, if you do not understand, ask questions. Request assistance from the teacher - that is why the teacher is there - not your classmates. Not only will you get the correct information but your fellow stitches will not be distracted. Hearing the teacher's instructions to you may help them also. Raise your hand for assistance; again, this helps to eliminate distractions of your classmates. Do not monopolize your teacher's time with chatter or abuse it with problems concerning unrelated personal needlework projects. Never answer a question for the teacher. Be patient as the teacher repeats instructions to others who aren't as proficient a stitches as you, or gives extra time before moving on to the next step.

If a method being presented by your teacher is not the way you always do it. Or how your favorite teacher does it, don't make an issue of it in class. It can be disruptive and extremely confusing to less experienced stitches. This is rudeness of the most selfish kind. Try her way in class. You might discover you prefer the alternate method.

If you find yourself in a class that is beyond your present abilities or knowledge. Do not monopolize the teacher with request for her to teach you what she expected you to already know. It's difficult for a student to judge class levels for others. Be a model for less-skilled students, not an irritant. Attitude is catching. You might be surprised what "you" can learn too!

Keep talking to a minimum. NEVER talk while the teacher is talking. Refrain from interrupting other students when they are talking to the teacher. Excessive talking distracts everyone; save your visiting for break time and meals. Try not to count aloud or wear jangling jewelry; your neighbour may require greater concentration to do his/her work than you.

Be respectful of your neighbour's space. Don't allow your supplies to overtake the table space. Put away unused materials so there is plenty of room for everyone. Put your name on each and every instruction sheet you are given so not to mix them up with your neighbours.

NEVER eat, drink or smoke in the class or near the work/display tables. *Always* keep your hands clean. Be especially careful with the teacher's samples. Accidents can and unfortunately often do happen. Please leave the area rather than endanger another student's work. Do not handle materials unless you are invited to do so, and then only with clean hands.

Avoid wearing perfumed products to class or group gatherings. Unfortunately, too many of us suffer allergies and environmental sensitivities. Your compliance with this courtesy will make everyone's class experience healthier.

Leave class promptly at its conclusion. Don't intrude on your teacher's free time or delay her from her travel departure. If you have additional questions, ask if you may contact her about them.

Your constructive critique and feedback is especially helpful to both teachers and seminar committees. We encourage you to offer suggestions and opinions about your class as well as the whole workshop experience.

Thank your teacher. She has invested much more time, money and energy into her designing and teaching than we can ever compensate her. Your appreciation for her efforts and talents are a great addition to her pay cheque.

*Most importantly of all _ . come with an open mind, a sense humor,
a large measure of patience, a thirst for adventure, and a smile.*