

## Between the Bands—Pulled Thread Sampler CGNA 2017-18

You might want to put something in between the pulled threads bands of your sampler to separate the different bands. It could be something as simple as a couple of rows of satin stitch or a different type of embroidery. It could be done in the same colour of thread as you are using in your sampler or a contrasting colour to set off the pulled thread work. You might want to use a very simple pattern and use the same one in between each row or you might choose to put a different pattern in each row. Cross stitch or blackwork can provide the simplest patterns and you don't want them to outshine your pulled thread work but to compliment it.

### Sample Alphabets

Some samplers contain the letters of the alphabet in between the elements of the sampler they are designing. Or you could have your name and the date of completion. Below are three examples of alphabets you might use. There are many more to choose from on the internet.

Back stitch or running stitch



Cross stitch

A B C D E F G H I J

K L M N O P Q R S

T U V W X Y Z

a b c d e f g h i j k l

m n o p q r s t u v w

x y z

1 2 3 4 5 6 7 8 9 0

A B C D E F G H I J K L M N O

Back stitch or running  
stitch

P Q R S T U V W X Y Z

a b c d e f g h i j k l m n o

p q r s t u v w x y z

1 2 3 4 5 6 7 8 9 0 1 2 3 4 5 6 7 8 9 0

A B C D E F G H I J K L M N O P Q R S T U V W

X Y Z 1 2 3 4 5 6 7 8 9 0 1 2 3 4 5 6 7 8 9 0

# Blackwork Sample Bands

