



## KINGSTON HEIRLOOM QUILTERS

NEWSLETTER, March 2018

KHQ web: [quiltskingston.org/khq/](http://quiltskingston.org/khq/)

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## Presidents' Message

*Anjali Shyam and Donna Hamilton*

March is here... I know I might jinx it but winter is over! There, I said it. Birds are coming back, squirrels are squirrelling around, and geese are pooping in my yard again....



Our Christmas potluck luncheon was well attended with 34 ladies dressed up in pretty Christmas sweaters and festive earrings and broaches. The food was yummy as usual and we collected \$67.10 for the church food bank. We all enjoyed the modern quilts shown by Simone, Diane D, and Lorna. They tried new techniques, some new fabric mixtures on almost familiar blocks and had fun doing it. But the call of the traditional quilt is strong and some of the ladies have dropped out of the modern group. Maybe they will dabble again at another time. See elsewhere in this newsletter for some pictures.



Our Annual General Meeting was held on January 25th, 2018. And then we got back to work quilting the Tulip Quilt, appliquing the Canada Quilt, sewing baby quilts and touch quilts and producing boutique items.

The new group quilt "I Wish You Well" is coming together. Be sure to put some of your stitches in this quilt top. The goal is to demonstrate hand quilting on this quilt at the Show.

At our February meetings, Sylvia volunteered to photograph our quilts for the quilt show admissions. Thank you very much Sylvia for making it easy for us. It was a treat to get a sneak peak of the unique, one of a kind, and beautiful quilts that will be displayed in June. Remember, every quilt is beautiful....because it is made by you.



At the meetings we are busier than ever, preparing for the Quilt Show in June. We have very active 'Boutique' ladies who inspire us to keep making interesting articles. At the last meeting, Karen brought in a fruit basket to give away. Members who brought in finished boutique items or donated something to the group or finished an item at the meeting were eligible for this very tempting prize. Lorna won the beautiful basket. I believe there might be more such prizes to be won at the meetings. Veggies anyone?

Kathy will be looking for you to sign up for the many positions to make our Quilt Show the best yet. It will only happen if you help. Many hands make light work.

We have a trunk show at the next meeting to look forward to. Francine is bringing in many of her quilts. She is one of the more prolific quilters in the group. She also embroiders, knits, and makes bobbin lace. She certainly has finely tuned time management skills! Don't miss the 10:15am start of her trunk show.



Did you see the tulip quilt come off the frame? It will be finished in time for the show. Needs a check of the quilting and a binding.

*And a reminder:* bring to the next meeting, March 6<sup>th</sup>, your completed Registration Forms and a picture of your quilted item with your name and the name of your piece on the back. And don't forget your backing fabric. This is the deadline for submitting items for the Quilt Show. Be sure to submit pictures of those quilts still being stitched.

The next few months leading up to June 8, 9, 10 will be exciting. Do finish those wonderful quilts and items for the boutique. You can even sell items on consignment. It has been a winter with plenty of sewing days with all that ice and snow. While we await the warmer weather, there's still lots of time to quilt.

On that note, *let's go quilt!*

## Touch Quilts

*Sally Hutson*

Mary Anne K. and Wendy have been helping with this endeavour. We have taken an inventory of all the current fabric donations on hand. All are cut into 6" squares or selected for quilt backs. Now the kits are organized for willing sewers to do at home. Any embellishing ideas are welcome: old zippers (not metal), pant pockets, shoe laces, orphan blocks that could be integrated or cut into a 6" square. We have lots of lace but small doilies could be used, anything with texture

## Modern Quilts Group

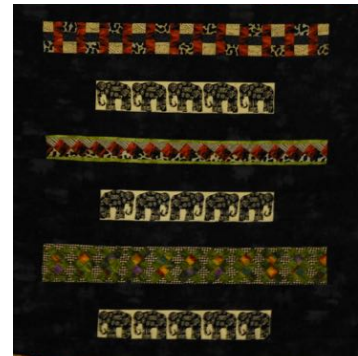
Two years ago at a Limestone Guild meeting, Beth Abbot asked if anyone would like to meet & talk about modern quilting. She arranged a meeting at Stitch by Stitch, and quite a few quilters turned up. Beth, as always, had lots of ideas, and we came up with a different topic for each month; modern log cabin, stripes, shapes, colours, Seminole piecing etc.



We could sketch out something, make a block or whatever we felt comfortable with. This was quite a challenge for a traditional hand appliquéd quilter like me. I learned a lot, and had fun, and produced a lot of UFO's. It was amazing to see all the different ideas, and Beth kept us inspired. The group is still going strong, and I hope to rejoin when I've finished my quilt show things.



*Diane Davies*



## Library News

We have 3 new books in our collection: 'Explore Walking Foot Quilting' by Leah Day, 'Rags to Riches: The Quilt as Art' and 'Hope and Survival: a story of the Halifax Explosion' both written by Laurie Swim. The budget for this year has been spent.

With the show coming up it is time to review the collection and remove any books that are no longer relevant, these books will be offered for sale to our members and the remainder sold at the Quilt show. Please volunteer to help with this project at upcoming meetings.

## Award Winner



I'm very happy to report that one of my quilts, My Woodland Creatures, received top prize for hand quilting at the annual Ontario Association of Agricultural Societies Convention in Toronto in February.

*Simone Lynch*



March 2018

## Log Cabin, A Canadian Quilt

*Donna Hamilton*



On January 18, 2018, Diane Berry and I went to the 2018 Season launch of the Agnes Etherington Art Centre where they were featuring 3 exhibitions including “*Log Cabin: A Canadian Quilt*”. Alicia Boutilier, the curator of the show, pictured to the left, talked about the log cabin quilts and gave a tour to the many people who had come to the opening.

The Log Cabin quilts rose to popularity in the mid-19<sup>th</sup> century and were soon defined as “Canadian Patchwork”. However, the scholarly jury is still out on whether they originated in North America. The quilts being shown at the Agnes are from Ontario, the majority being in the Heritage Quilt Collection at the Agnes. A quilt was borrowed from the Buxton National Historic Site and Museum and is pictured in front of Alicia. There is also a contemporary piece made in 1997 by artist Lyla Rye, shown to the right, from the Tom Thomson Art Gallery, Owen Sound.



“*Butterflies are Free*” shown to the left is also an unusual quilt made by the late Lois Monieson, from Kingston in 1994. It is made of yukata cotton, a Japanese fabric traditionally hand-dyed with indigo blue. The butterflies and border, as well as some centre pieces, come from used kimonos. It has uneven logs and was inspired by Japanese quilter Shizuko Kuroha.



The logs in the “*Barn Raising Log Cabin*” quilt seen below are made of gimp trim, featuring a great variety of decorative motifs. It was made of cotton, silk, polyester, wool and rayon sometime in the 1950s-1960s. An Unknown Artist from Arden, ON, made this beauty.

Diane and I had a wonderful time looking at these quilts that will be on display till **August 5, 2018**. Be sure to take the time to see them.



On **Thursday, March 22 from 6:30-8:30pm** at the Agnes three guest speakers share will their stories and perspectives on the Log Cabin quilt: Lisa Binkley, Canadian quilt scholar; Shannon Prince, curator of the Buxton National Historic Site & Museum, Ontario; and Lyla Rye, Toronto-based installation artist.

For more info on the exhibit, including a virtual tour, visit <https://agnes.queensu.ca/exhibition/log-cabin-a-canadian-quilt/>

## Travels in Ireland and France

*Nelly Kamphuis*

Last September, I had the privilege of joining our daughter for a Knitting Tour of Ireland. Besides seeing many sights in this beautiful country, we enjoyed three different knitting workshops, visited woolen mills, a linen centre and museum, a weaving studio and were given spinning demos. It was a great trip!

Going through the linen centre, I spotted a lovely quilt made entirely of linen fabric, named 'Flax to Fabric'. It was machine pieced, appliquéed, hand embroidered and quilted.



a detail

In October, Bill and I took a cruise to the south of France. Touring through the gigantic Pope's Palace in Avignon, there was an impressive exhibit of African Art, many pieces of sculpture, and also two huge wall hangings by Abdoulaye Konate from Bamako, Mali, displayed in the banquet hall. The label read 'A sensitive artist, in his work he seeks to express his fears and hopes concerning the problems of today's world'. I would like to have seen more of a story about each of these hangings, but there was nothing more.



This one is named 'Les Marcheurs' (The walkers) and measures 637 x 358 cm.

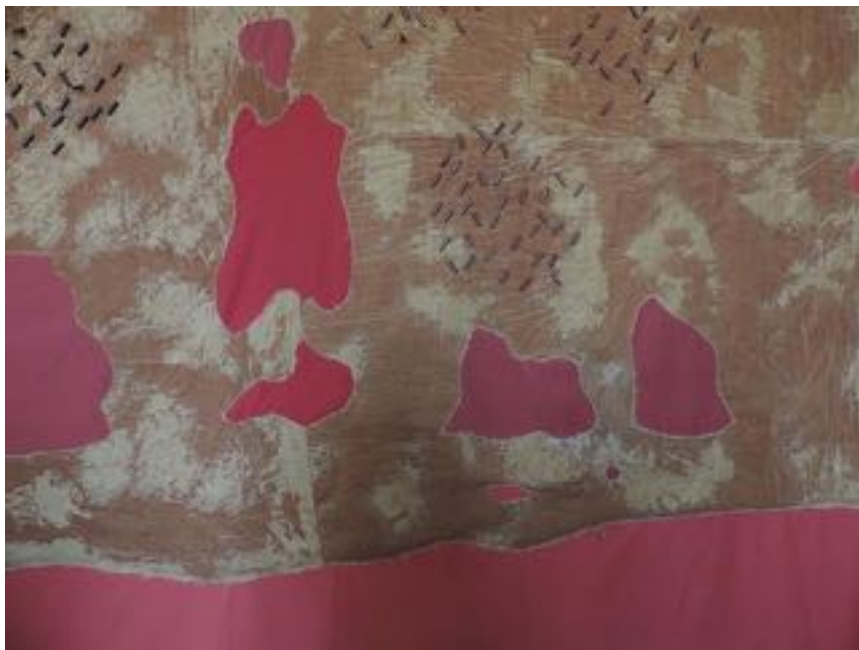
a detail, showing loose strips hanging down



March 2018



This one is named 'La Zone de Grands Lac' and measures 800 x 300 cm.



a close-up detail

## Snippets

- \* We extend a warm welcome to our newest member Liz Emerson.
- \* Signs of spring (Lorna Grice):
  1. Robins arrived here on February 16
  2. Sap is flowing and maple syrup is being made as of February 25.
  3. March 1 and the crocuses are up 1" on the south side of the house

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## Thread Story

*Donna Hamilton*

Between Christmas and New Years, I found a spool of Gutermann cotton quilting thread at Fabricland that I wanted to use for my new quilt. The only problem was there was only 1 spool. I needed 3 more. The sales lady at Fabricland wasn't helpful, so I thought I'd poke around on the web and see what I could find. I discovered that local shops in the area all carry different threads, and those that carried Gutermann did not have the colour I wanted. So I thought, Amazon sells everything else. I'll check there. And I was blown away. A 220yd spool of Guterman thread in the colour I wanted cost **\$25 + shipping! Yeeks!** Though I. I didn't buy it.

For fun, I checked tonight, 2 months later, and found my thread for \$7.66 + shipping, which is much more reasonable but still too expensive. I found other threads for \$4 a spool and the one shown below for a whopping **\$67 a 200m or 219yd spool!** (+shipping)



### [Gutermann Cotton Quilting Thread, 200m/219 yd, Turquoise by Gutermann](#)

by Gutermann  
[CDN\\$ 66.90\(1 new offer\)](#)

The moral of this story is ask for the manager of Fabricland, and she'll show you the **thread order book**. She'll write your order down and a few weeks later, your thread will be in! **BE VERY CAREFUL ORDERING THREAD FROM AMAZON.** (Don't forget that shipping can cost as much or more than the thread depending on where it's coming from!)

## Show & Share and Quilt Show Preparations



Donna's very large quilt top for her daughter. Now she's determined it will be ready for the show and is madly quilting away!



Lorna's table runner



Lots of people are working hard at Wendy's woven basket workshop Nov 23 making items for the show boutique.



Almost done!



Simone's disappearing pinwheel using hot chili pepper fabric is for a niece



Mary Ann and Lynda are working on piecing the “I Wish You Well “ quilt top.



The Canada quilt is coming along slowly but surely.

## Upcoming Events

### Feb 7 - May 13, 2018: Artistry in Silk: The Kimono of Itchiku Kubota

The *Textile Museum of Canada*, (55 Centre Avenue, Toronto, ON) invites you to this exhibition, curated by Jacqueline Marx Atkins. *Artistry in Silk* celebrates the work of Itchiku Kubota (1917–2003), an innovative artist whose spectacular creations gave new meaning to the art of kimono. He brought new life to a 16th -century decorative technique known as *tsujigahana*, a combination of resist-dyeing techniques and ink-drawing that was once thought lost forever. In his subsequent production of sumptuously beautiful kimono that featured “*Itchiku tsujigahana*,” the artist’s adaptation of this art form expanded contemporary ideas of surface design and assured Kubota a legacy as an out-of-the-ordinary artist and artisan whose work stimulated the mind and delighted the eye. For more information, visit <http://www.textilemuseum.ca/exhibitions/current-exhibitions/artistry-in-silk-the-kimono-of-itchiku-kubota>

**Now - April 8, 2018: Christian Dior - The end of a war. The start of a fashion revolution**

The *Royal Ontario Museum*, (100 Queens Park, Toronto, ON) invites you to this Christian Dior Exhibition. Explore the brilliance behind Christian Dior's dramatic creations that revived the Paris haute couture industry after the devastation of the Second World War in ROM's original exhibition, *Christian Dior*, presented by Holt Renfrew. Senior Curator, [Dr. Alexandra Palmer](#), draws from the ROM's extensive collection from the first ten years of Christian Dior haute couture, 1947 to 1957, to offer captivating insights into the creative process and mechanics of the fashion industry in Paris during a pivotal time. For more information visit <https://www.rom.on.ca/en/dior>

**Mar 22, 2018 12:15-1pm: Thursday Tour: The Log Cabin Quilt**

The Agnes Etherington Art Centre invites you to a free drop-in tour featuring *Log Cabin: A Canadian Quilt*

**Mar 22, 2018 6:30-8:30pm: Frances K. Smith Public Talks in Canadian Art: The Log Cabin Quilt**

The Agnes Etherington Art Centre invites you to a talk on "The Log Cabin Quilt" from 6:30-8:30pm. Three guest speakers share their stories and perspectives on the Log Cabin quilt: Lisa Binkley, Canadian quilt scholar; Shannon Prince, curator of the Buxton National Historic Site & Museum, Ontario; and Lyla Rye, Toronto-based installation artist. For more information, visit <https://agnes.queensu.ca/event/details/frances-k-smith-public-talks-in-canadian-art-the-log-cabin-quilt/>

**Mar 23 - 24, 2018: Quilt Fever 2018**

The Etobicoke Quilters' Guild presents "Quilt Fever 2018" at Neilson Park Creative Centre, 56 Neilson Dr, Etobicoke, ON from 10am to 5pm each day. Admission: \$8. The show features a Show and Sale, a Tea Room, Merchants Mall, Members' Boutique, Pick-to-Win, Daily Draws and Prizes. Free Parking. Visit <http://www.etobicokequiltersguild.com/> for more information.

**Apr 6 - 7, 2018: Fibre Fling 7 Show & Sale**

The Out of the Box Fibre Artists invite you to see and purchase creative and innovative works in fibre and mixed media by members of this group at Kitchissippi United Church, 630 Island Park Drive, Ottawa (between Carling Ave and the 417). Hours: April 6, Friday, 10am - 8pm and April 7, Saturday, 10am - 5pm. Admission \$5. High Tea available on Saturday an additional \$10. Visit <http://out-of-the-box.org/> for more information.

**Apr 7 - May 3, 2018: Art Threads 2018**

The Kingston Fibre Artists' 21st annual exhibition, *Art Threads 2018*, will take place at the *Tett Centre's Community Gallery* Saturday, April 7th 2018 through Thursday, May 3rd 2018 in Kingston, ON.. *Art Threads 2018* will showcase new work by the Kingston Fibre Artists, including a challenge featuring fibre art using only black, white and one colour. You are invited to meet the artists at the Opening Reception in the Community Gallery on Saturday, April 7th from 2:00 to 5:00 pm. Paid parking is available on site. For directions and café hours, please visit <https://www.tettcentre.org/location> For more information, including a list of members and images of their work, please visit <http://kingstonfibreartists.ca/>

**Apr 26 - 28, 2018: Piecemakers Quilt Show 2018**

Huron Perth Quilters Guild and Stonetowne Quilters Guild present the Piecemakers Quilt Show at the Pyramid Centre, 317 James St S, St Marys, ON. Hours: Friday 10am to 5pm; Saturday 10am to 7pm; Sunday 10am to 4pm. The show features new quilts, merchant's mall, demonstrations, boutique, luncheon room. There will be more than 300 articles on display. Special feature is Judy Lyons. Admission: \$8. For more information, contact the show co-ordinator: Nancy Packham at email [packham@cyg.net](mailto:packham@cyg.net) Like and follow the Facebook page "Piecemakers Quilt Show" at <https://www.facebook.com/Piecemakers-Quilt-Show-224309937634857/>

**May 4 - 6, 2018: Feelings in Fabric 2018**

The Kawartha Quilters' Guild presents "Feelings in Fabric 2018" at 1545 Monaghan Rd, *Peterborough*, ON. Hours are Friday 4pm to 9pm; Saturday 9am to 5pm; Sunday 10am to 4pm. Show features over 100 quilts and merchandising mall. Admission: \$5. For more information, contact: Cathy Vickers or Faith Van Dam Phone: 705-748-9101 or email *cathyvickers at aol.com* Visit <http://www.kawarthaquiltmakersguild.ca/> for more information.

**May 21 - 26, 2018: Quilts of Iceland**

The Ailsa Craig Quilt and Fibre Arts Festival presents the "Quilts of Iceland", land of ice and lights at the Ailsa Craig Recreation Centre, 155 Annie Ada Shipley Street, *Ailsa Craig, Ontario*, 10am - 5pm Monday - Friday and 10am - 4pm Saturday. Admission is \$10 - Youth (13-21) \$5 - Children Free. The show features workshops with teachers from Iceland, a merchant Mall, Quilters' Cafe, and Exhibition of over 100 quilts. On Saturday May 26 from 10am - 4pm there will be Viking Village reenactments with living history displays. For more information, visit [ailsacraigquiltfestival.ca](http://ailsacraigquiltfestival.ca)

**May 31 - June 2, 2018: Quilt Canada 2018**

Quilt Canada is being held in Vancouver this year at the Vancouver Convention Centre 1055 Canada Place, *Vancouver*, BC. For more information, visit <https://canadianquilter.com/quilt-canada-2018-2/>

**Jun 1- 2, 2018: Quilts by the Bay 2018**

The Bluewater Quilters' Guild presents "Quilts by the Bay 2018" at the Harry Lumley Community Centre, 1900 3rd Avenue East, *Owen Sound*, ON. Hours are Friday 10am to 5pm; Saturday 10am to 4pm. Show features Quilt Displays, Vendors, Boutique, Tea Room, and Demonstrations. Admission: \$7. For more information, visit <http://www.bluewaterquiltersguild.ca/>

**Jun 8- 10, 2018: Quilts Kingston Show and Sale 2018**

The Kingston Heirloom Quilters and Limestone Quilters Guild present "Quilts Kingston Show and Sale 2018" at the Royal Kingston Curling Club, 130 Days Road, *Kingston*, ON. Hours: Friday 10am to 8pm; Saturday 10am to 6pm; Sunday 10am to 4pm. Show features a display of hundreds of traditional and contemporary quilts and wall hangings, a Merchants Mall, Tea Room, and demonstrations. For more information, visit <http://quiltskingston.org> Note that the Log Cabin Quilt Show at the Agnes Etherington Art Centre will still be on during this Show.

**Jun 23, 2018: Third Annual Lansdowne Textiles Festival**

The Lansdowne Association for Revitalization invite you to the Lansdowne Community Hall (follow the signs for the Library), 1 Jessie Street, *Lansdowne, Ontario*, on Saturday June 23rd from 10am to 4pm. Come and enjoy the vision and feel of hand crafted art. See spinners, weavers, rug makers, quilters, needle crafters and more showcase their skills. Feel the softness of the rovings and the colourful hand dyed wool. Finished produces, wool, kets, and accessories are waiting to tempt you. Admission \$1. Lunch available for purchase.

**July 7 - 8, 2018: 'A Stitch In Time' 2018**

The Prince Edward County Quilters' Guild presents "A Stitch in Time" Quilt Show on Saturday July 7 (10am - 5pm) and Sunday July 8 (10am - 4pm) Wellington and District Community Centre, Essroc Arena, 111 Belleville Street, *Wellington*, ON. [How to get there, click here.](#) Admission is \$8. Children 12 years and under get in free. Show features: Vendors Mall, Members' Boutique, Judged Competition, Demonstrations, Guest Artists (including four Kingston Heirloom Quilters), WI Cafe, Quilt Sales, Scissor Sharpener, Vintage Sewing Machine Display, Raffle Quilt Draw, and of course, an arena full of quilts! Parking is free. For more information, visit <https://pecqguild.weebly.com/>

**From Wendy Nicol:**

A friend of mine found this on Facebook and sent it to me and I thought others in the group might find it interesting. I'm not sure about some of these; for example, I don't think it has ever taken me two hours to make the binding, and I find the quilting time estimate to be very low. That said, it would certainly spark a discussion.

 **Canadian Version of** 

## Why Do Handmade Quilts Cost So Much?

Costs for materials, construction, & finishing for a 65" x 65" Throw Quilt

Materials for throw quilt:

Fabric for the top:  
6 Metres @ \$15 to \$20 a meter = \$90 to \$120  
Note: these are an average of what the Canadian Quilter pays for fabric, some fabrics are more expensive and some may be slightly less expensive.

5 Metres Backing at \$15 - \$20/metre = \$75 - \$100  
2 Metres of Batting @ \$18 - \$25 = \$36 - \$50  
5/8 Metres of Binding @ \$15 - \$20/metre = \$10 - \$13.50  
**TOTAL Cost of Materials \$211 - \$283.5**

Construction:  
(Labour based on an average 2017 Minimum Wage of \$11.43)

Making the top:  
(Includes preparing the fabric, cutting the pieces, sewing the blocks, setting into rows, adding borders)  
50 hours x \$11.43 = \$571.50

Assembling the Quilt Sandwich:  
3 hours @ \$11.43/hr = \$34.29

Quilting on Domestic Machine:  
(Charges by square inch in a simple all over design)  
4225 sq in x \$0.015 = \$63.38

Note: Most quilts are sent out to a Longarm Quilter for Quilting with the Costs being more than the cost of doing it yourself - \$150.00

Thread for Quilting \$18  
**Total Cost for Construction = \$684.17 - \$721.50**

Finishing:

Making the Binding:  
2 Hours x \$11.43 = \$22.86

Attaching the Binding:  
10 hours x \$11.43 = \$114.30  
**Total Finishing Costs = \$137.16**

**TOTAL COST OF QUILT = \$1,032.33 - \$1,142.16**

Note: A large quilt, a more intricate pattern, a more elaborate quilting design will cause the price to increase.