



Only a quilter...

Only a quilter would spend hours sewing hundreds of buttons on a quilt to embellish it , but wouldn't take five minutes to replace a button on a pair of pants.

Discovered by Karen Quattrocchi

Quiltkingston.org/khq/

June, 2019

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December Rose has been delivered to the Lion's Club for it to raffle to raise funds for charity and it's many projects. It will be displayed, and raffle tickets sold, over the next few months. The Lion's will let us know where the money raised will be allocated.





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CQA challenges for Quilt Canada 2020

Check out the Quilt Canada website for upcoming challenges and opportunities including the **Call for Entry for the 2020 National Juried Show** which will be available on the website Sept. 1 and information about Quilt Canada 2020 in Edmonton. (It will be in Toronto again in 2021).

Here's the latest challenges:

CQA's first ever **Quilt Canada Mini Swap!** In this mini swap, you will be partnered with a quilter from somewhere else in the country who has similar interests. You get to know one another via email, social media, etc. Once you have a sense of what your partner might like, you make a mini quilt, no larger than 24" x 24". Your partner makes one for you. Next, you will swap creations with your new friend at Quilt Canada 2020, June 18 to 20, in Edmonton.

If one (or both) of you are not attending Quilt Canada 2020, do not despair! Your mini creations can be swapped by mail. This new opportunity is a great chance to make a new quilting friend, to have fun at Quilt Canada 2020 and to challenge your quilting skills. Registration to join the Mini Swap will be live on the CQA website

from Jan. 2 to 23, 2020. In February, you will find out who your partner is and begin planning the mini you will make for them.

Member Guild Challenge– “Gateway to Adventure” CQA wants to tap into everyone's sense of adventure with a guild challenge. Each guild entry must have a visible amount of KONA cotton colour #k001-147 JUNGLE, along with three additional fabrics on the face. The additional fabrics can be a print or solid. The quilt perimeter can be no larger than 72 inches and it must be finished with either binding, facings or enveloped pillow case style. Each CQA Member Guild can select one winner from their Guild's membership, before April 15, 2020 for entry into this challenge. For guidelines see the CQA website.

Looking for something a little smaller? How about the **Quilted Postcard Challenge 2020?** Make and donate a postcard (or a bunch!) to be sold at 2020 Quilt Canada to raise funds for Glenrose Paediatric Brain Injury Unit in Edmonton. Challenge theme: Inspired by nature. Canada's natural bounty is a source of inspiration for quilters from coast to coast. Participants



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CQA challenges for Quilt Canada 2020

are invited to celebrate their regional uniqueness and beauty in a postcard. Enjoy the adventure!



TrendTex Fabrics, Inc. is, once again, donating the fabrics for the theme, 2020. Kits will be

available Oct. 1 for CQA members and Nov. 1 for non-members. The challenge is **Try-A-Triad Challenge 2020**. This modern challenge includes the use of colours red, blue and yellow, which are equidistant around the colour wheel. Using only these colours, CQA dares you to get in touch with your inner modern. Using only solid colours, play with design elements such as: negative space, graphics, improvisational piecing, grid work, asymmetry and modern traditionalism. For all requirements, and to find out how to get your kit, see the CQA website.

The Suzi-Q Youth Challenge 2020 theme is My Next Great Adventure. Young quilters complete a quilt based

on the theme using any style of quilting – art, traditional and/or modern. The quilt *must* include, all or part of, an eight-inch square of challenge fabric on the face. The quilt may be any size, up to a 200-inch perimeter, but a smaller size may be easier to tackle. It must be three layers and be quilted either by hand and/or machine. It must be either bound or closed along the edges with either hand- and/or machine-stitching. Most of the quilt must be the work of the young quilter. The quilter may use any combination of hand- and/ or machine-piecing, appliqué and quilting. The use of embellishments such as beads, embroidery, fibres, ribbon, paint, crayon, etc., is the choice of the young quilter. This is an opportunity to experiment and try new things! For the full requirements, and to find out how to get the fabric package, see the CQA website.





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Upcoming Meetings

Upcoming Meetings and Events

Sept. 3—Welcome Back—Please remember to bring your threadpainting bird—even if it isn't finished yet. Review fan blocks for placement

Sept. 19—General Meeting and a new Member's Block introduced.

Oct. 1 – Work day – members display 'first quilt, last quilt'.

Oct. 17 – String-piece workshop by Mary Anne McAndrews.

Nov. 5 – Members' Trunk Show and Work Day

Nov. 21 – Work day

Dec. 3 – Pot Luck Lunch/ raffle from fabrics to tools, magazines and books.

Jan. 7 – Work day

Jan. 23 – General Meeting



Cucumber Salad Ring

The recipe for the Cucumber Salad Ring Diane Berry brought to the



June potluck did not make it into the last newsletter, but there are plenty of cucumbers around in gardens and markets, and some warm days still to come to enjoy this summer favorite.

Cucumber Salad Ring

1 pkg of lime jello
3/4 cup hot water
2-3oz packages of cream cheese (1 1/2 pkg 425 g cheese)
1 c mayonnaise
1 tsp horseradish
1/4 tsp salt
2 tbsp lemon juice
3/4 cup drained, shredded or ground unprepared cucumber
1/4 cup sliced green onion
Dissolve gelatin in hot water
Add cheese, mayonnaise, horseradish and salt
Beat with beater until smooth
Chill until partly set
Stir in cucumber and onion
Mold



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Setting Priorities

I'm posting this with a heavy heart...

As much as I love quilting, it takes up too much of my time and I am struggling to keep up with the everyday basics such as cleaning and maintaining my home, so something has to give. I will be re-homing my collection.

Please don't ask any questions, as I can't handle talking about it.

Below is a list of what's available. All FREE of charge, but to good homes only. Serious enquiries only please.

Thanks for reading and understanding...

1. Dustpan and brush
2. Sponges
3. Dusters
4. Mop and bucket
5. Window cleaner
6. Vacuum cleaner
7. Dishwashing liquid
8. Laundry detergent
9. Fabric softener
10. Laundry baskets
11. Toilet brush
12. Cleaning sprays
13. Scrubbing brushes

Author unknown, but found on Facebook by Kathy Breau

List below:



Big Dipper

Big Dipper is one of the original *Ladies Art Company* blocks, published around 1897. It's gone by many other, disparate, names. Jinny Beyer found: *Bow Ties, Crazy Quilt, Electric Fan, Envelope Quilt Pattern, One Patch, Pinwheel, Triangles, The Whirling Blade* and *Yankee Puzzle*. It has also been called *Hour Glass*.

Thanks to the 365 Quilt Blocks



Kingston Heirloom Quilters

Quilting Events

Sept. 7/8 Almonte Quilters Guild Quilt Show, Almonte Civitan Community Hall
Crystal Pieced Expressions – 15th Anniversary Celebration, vendors, tea room, raffle, scissor sharpening.
Admission \$5 (12 years and under free).
Free Parking

Sept. 7/8 London Modern Quilt Guild Quilt Show, Grosvenor Lodge
Come see modern quilts on display in a heritage home. Black and White Plus One Challenge quilts on display outside.
Vendors and free parking. Admission \$5

Sept 12/15 Kingston Fall Fair. Quilting and other handcraft displays and competitions. KHQ booth.

Sept. 14 /15 Threads of Friendship Quilt Festival, Faraday Community Centre
Join the talented members of the North Hastings Quilt Guild for art, challenge, traditional and other quilts, including community quilts, Quilts of Valour and two raffle quilts. Refreshments.

Sept. 20/21 QuiltX, Pyramid Recreation Centre, 317 James St. S., St. Marys.
Featured artist Jacqui Gering, Merchant Mall, demonstrations, lectures, workshops and showcase. Admission \$8



Sept. 20/22 Richmond Fair 175th Birthday Quilt Show of 175 quilts at the Richmond Arena. Display of 175 quilts, Antique to Modern. “Bed Turning” presentation of 30 quilts, modern reproductions of quilts from 19th and 20th centuries. Displays from Victoria’s Quilts and Quilts of Valour. In addition, antique and modern quilts from the community. Raffle of a quilt made by the community. All part of the 175th Richmond Fair.

Sept. 27/28 Elliot Lake Quilt Guild at Gentle Shepherd Church Come and enjoy the beautiful fall foliage in Elliot Lake. Friday noon – 8:00pm, Saturday 10:00am – 5:00pm



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Quilting Events

Sept. 28/29 Quilts By The Bay – North Bay at Odyssey Secondary School Near North Quilter's Guild and Northern Lights Quilter's Guild. Saturday 10:00 a.m.-4:00 p.m., Sunday 10:00 a.m. – 3:00 p.m. Tea Room and merchant mall. Quilt show proceeds donated to Children Adolescent Mental Health Unit and for Digital Mammography Equipment at North Bay Regional Health Centre. Admission \$8

Oct. 5: Needle Arts Fair 2019, Senior Centre, Kingston. Cataraqi Guild of Needle Arts' "Needle Arts Fair 2019"

Oct. 19/20 Presenting Our A.B. Ellis Public School, 128 Park St., Espanola. A display of quilts, wall hangings and various needle work. Lucky Draw. Silent Auction. Vendors. Light lunch available. Admission \$8

Oct. 19/20 Quilted Odyssey at Brampton Fairgrounds. Biennial show with hundreds of quilt exhibits. Vendors, tea room, members' boutique, door prizes, mini-quilts, and raffle quilts.

Oct. 26 A Harvest of Quilts at Trinity United Church, Verona, focuses on quilts and quilted items both traditional and modern. Featuring the works of local fibre artist, Beth Abbott.

Refreshments and lunch available for an additional cost. Local vendors displays. The Trinity Quilters will have a boutique selling a variety of handmade and machine-made items. Raffle tickets sold on site. Admission \$5.

Nov. 1/2 Silver Threads – The Magic of Cloth – Act VII Quilt Show, Orangeville Agricultural Society Event Centre. Celebrate the Guild's 25th Anniversary and Silver Threads Quilt Show featuring more than 300 quilts, members boutique, merchant mall, tea room, raffle quilt/mini quilt draws, special Bed Turning, Northcott Challenge and door prizes.

Nov. 22/23 DTQG Threads of Friendship Quilt Show and Sale at General Sikorski Hall, Oshawa. Hundreds of quilts, vendors, boutique, tea room, and inspiration!





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Bath Museum celebrates quilts

The Bath Museum is celebrating the art of the quilt in a special exhibit called A Stitch in Time. Quilts from members of the community have been donated, or loaned, to the museum for the show. The Bath Bicentennial Quilt, now part of the Heritage Quilt Collection at the Agnes Etherington Art Centre, will also be on display.

The exhibit will be open Oct. 12,13 and 14, and Oct. 19 and 20 at the museum in Bath, located at 434 Main St. The Bath Bicentennial Quilt was completed in 1984 as part of the Bath Bicentennial Anniversary celebrations. They mark 200 years since Bath was colonized by American Loyalists after the American Revolution (1775-1783). It was started by Jessie Demaine, a new quilter who was inspired by the old houses in the village and suggested a co-operative quilt project.

Doris Waddell, an experienced local quilter, contacted 20 other local quilters, including Demaine, to form the Associate Loyalist Quilters for the project. The 74" by 90" quilt includes applique, quilting and construction done entirely by hand. Twenty blocks depicting historic building of Bath surround a centre block showing the launching of the Frontenac, the first steamship on the Great Lakes, in 1816.



The background of the centre block is an historic depiction of the village as laid out in the town plan in 1804.

The quilt was widely displayed and won third prize in the group category at the American Quilter's Society first national show in Paducah, Kentucky in 1985.

There is an interesting walking tour of Bath available to download on the museum site. It takes you to many of the buildings featured on the quilt and explains their history.

For more information see the museum website www.bathmuseumontario.com

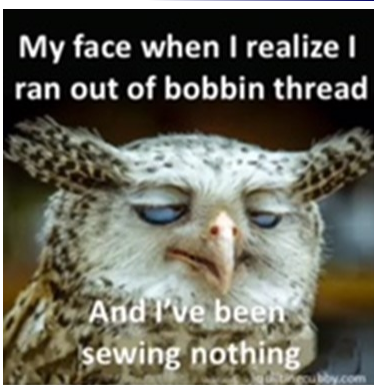


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Five new touch quilts were donated to Briargate Retirement Residence in Amherstview over the summer. Although the donation is made to the

memory-care unit, some of the quilts are placed around the residence for all the residents to enjoy. They are very popular!



Note from the editor: One of our members sent this to me and, unfortunately, I can't find who it is. No question this face is what we all look like when this problem arises. My machine has a warning that is supposed to pop up when you are nearly out of bobbin thread. It usually works, but if there is too much fluff in the bobbin case, it doesn't...and I look just like this. Thanks for all your submissions. Wendy



Kingston Heirloom Quilters

Dear Helen, can you tell me?

A few things quilters should remember. Although published 25 years ago these tips (a few updated) stand the test of time. See how many you agree with:

On classes

- Workshop participants at quilt conventions may have 'burnout' by the last day of classes. Pace yourself;
- Plan to take lectures/ demonstrations where the teacher does most of the work;
- Consider recording the class (with permission) ;
- Take advantage of all learning sessions available;
- When you make the same mistake twice, it is called experience. Three times and it is a nasty habit;
- Ask permission to take photographs and ask the teacher if they would like copies ;
- Come to class prepared;

On Fabric

- The fabric you need the most of you will have purchased the least of;
- Pre-wash fabric whenever possible;
- Red fabric not only 'runs' when

washed and 'crocks' when rubbed, it is also the hardest color to quilt through;

- Use 100 per cent cotton fabric for appliqued pieces—it does not fray as much as polyester;
- Cotton fabrics can be finger pressed;
- Never buy inferior quality muslin, not even for backing;
- Always use the best quality fabric in your quilts—it is worth it in the end;
- Do not skimp on yardage;
- Remember, the one who dies with the most fabric wins!;

On Quilting

- The last stitch at night is the first three stitches you remove in the morning;
- Do not continue to quilt if you are super tired;
- Be good to your quilting hands. Keep them healthy and healthy;
- Learn to use a thimble;
- Be sure to start a quilt, even if you do not finish it;
- Unless you are a paid professional quilter it is okay to have unfinished projects (UFOs) in



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Dear Helen, can you tell me?

your sewing room;
Never iron over marked quilting lines or you will set them in fabric permanently;
Never go to the beach to quilt unless you want the lines to evaporate;

On Supplies

Pick the proper tool to do the proper job;
Keep a good needle in your sewing machine;
Have replacements available so you do not have to stop when you are 'in the mood' to work;
Research and recognize the (new!) labor-saving devices (ie rotary cutters, longer length acrylic rulers, self-healing mats, carrousel cutting tables etc);
Know where your supplies are and what they do. Organization is the key to success;
No one has to use all of their tools and gadgets (ask any fisherman or carpenter). Buy them 'just in case';
Read batting recommendations carefully;
Store water-erasable pens in a glass or cup with the felt-tips

pointed down for longer, and wetter, use;
Always pre-test each pen on different kinds of fabric;

On life

Hobbies should be fun. If you don't enjoy your quilting, maybe you need to find a new hobby;
Winning contests gives you a good feeling, but finishing a project you love feels even better;
Make what you like, not what someone else likes;
Your way is never the wrong way if you think it is right;
If it ain't broke, don't fix it;
No one has to validate your quilting—except you!

From the Patchwork Quilts column "Dear Helen, can you tell me?" August, 1994. Compiled by Helen Squire to honor the 100th issue of the Lady's Circle Patchwork Quilts

Article 'discovered' by Sally Hutson



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Sponsors and Information

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613-203-9011

Info@PaisleysQuiltShop.com

PaisleysQuiltShop.com

There's still time for the Fair

Handcraft items for the Kingston Fall Fair have to be submitted by Sept. 12 at 11 a.m. The entry form is online.

If you make some items you don't know what to do with after, please consider donating them for the boutique for the quilt show in 2021.

With no quilt show for 2019 it would be a great year to enter some of your sewing, crafting and quilting items into the fair. Look at all the winners we had in 2018! First-time entrants, or anyone who would like some help with their entry, can contact Donna Hamilton who will either lend a hand herself, or get another experienced entrant to help you. Volunteers to represent KHQ at our booth are needed for the Saturday and Sunday. As always

we will be in good company with knitters, weavers, needleworkers and other quilters also having a booth.

The space is also shared with the vegetable competition and, if you are lucky, at the end of the day you may be able to pick up something amazing for dinner

Visit the Kingston Fair web page: www.kingstonfair.com for updates and more information.

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Kingston Heirloom Quilters

2019/2020 Executive

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Newsletter Editor: Wendy Nicol

Historian: Karen Quattrocchi

Librarian: Ros Hanes

Baby Quilts: Joan Bales, Peggy McAskill

Touch Quilts: Sally Hutson

Life Members: Diane Berry, Bea
Walroth, Donna Hamilton, Margaret
Henshaw, Ros Hanes

Meetings usually held the first Tuesday and the third Thursday of each month from September to June at St. John's Anglican Church Hall in Portsmouth. Guests and new members welcome

KHQ *usually* meets twice monthly, from September through June on the first Tuesday and the third Thursday of the month. Meetings are from 9:30am to 3pm at St. John's Anglican Church Hall on Church Street in Portsmouth Village, Kingston.

Members bring a lunch and spend the day with fellow quilters.

Activities center on group projects, workshops, demonstrations and guest speakers.

Meeting days without a formal program are spent on a variety of group projects.

Membership is open to both experienced and learning quilters who support our goals of developing and preserving the skills of heirloom quilting. We welcome visitors to our meetings.

Please join us for the love of quilting. Drop in or contact us at khq at quiltskingston.org. We love to meet new and experienced quilt enthusiasts.