



Only a quilter...

Only a quilter says, 'I really don't need another project', and then offers to make a quilt for a friend

Quiltkingston.org/khq/

April 2020

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Since we are moving into tax season —even if a little delayed—this cartoon seemed particularly apt. The cartoonist admits to having a quilter in the family but has nothing to say about the possibility of a connection!

Used with the permission of the Napanee Beaver and Tim Nimigan.



Kingston Heirloom Quilters

President's Message



So here we are with lots of time on our hands. I hope everyone is keeping busy. I know I have enough fabric and yarn to keep me going for a very long time! I am working on projects simultaneously. Some hand work, some machine work and various combinations of both. I'm sewing the binding on my Stars Over Baltimore quilt that I have shown at the meeting. I'll be starting to hand quilt another lap quilt (jelly roll race) and I'll use the big stitch technique with #12 pearl cotton, variegated. Here's a picture of the last one, just needs binding. This one used the dog fabric that some of you so kindly gave me! It's called Jelly Roll Dragon race. Here's a link for many variations of the jelly roll quilt!
<https://www.pinterest.cl/pin/138696863508160440/>

I've finished a couple of orphan



quilt tops (see picture) that we inherited from one of our former members. They just needed a bit of piecing and the borders. Does anyone want a quilt top on which to practice hand stitching? I will gladly deliver it to you! I've also been working on the Cat Woods school quilt. It's now on my long-arm ready for me to work on. And today I made a couple of masks for my daughter, who goes back to work at the pharmacy at Providence Care in a couple of weeks. She knows they're not fool-proof, but hopes it will help.

See P. 15 for a pattern to make a mask to donate to protect a health-care worker.

I went to Canadian Tire a few days ago to buy my garden seeds, the place was pretty quiet. They will be staying open to provide any hardware needs; we don't want to live with faulty toilets or other problems. I need to start my tomato seeds soon. I hope we'll have garden centres open for flowers and such; we will need some colour in our world!

That's all for now, thank you Wendy for getting this newsletter out. I'm sure everyone will appreciate it.

Simone





Kingston Heirloom Quilters

At The Meetings



Everyone says they don't like making yo-yos but it didn't slow them down when making these beautiful little trees for the quilt show boutique. Jose, as usual, could not resist picking up her sewing shears.





Kingston Heirloom Quilters

Quilting Events

Upcoming KHQ Meetings

May 5 Workday—Strip quilt demo
May 21 Workshop—Yoga (or other) bag
June 2 Potluck and AGM

June 18 Cleanup

PLEASE CHECK ON MEETING DATES AND EVENTS. MEETINGS MAY BE CANCELLED OR RESCHEDULED BECAUSE OF COVID-19

Quilt Shows and Events

Please check before attending any of these events. Cancellations are likely due to Covid-19

April 23/24/25 Piecemakers 2020 Quilt Show at Pyramid Recreation Centre Huron Perth Quilters' Guild and The Stonetown Quilters' Guild at The Pyramid Centre, 317 James St South, St. Marys. New Quilts – Lunch – Door Prizes – Merchant's Mall – Demonstrations – Boutique – Daily Bed Turning Lecture.

May 1/2/3 Quilted Expressions, Oakville Quilters' Guild, OE Banquet and Conference Centre More than 200 quilts, Raffle Quilt, Tombola, Vendor Market and Demonstrations.

May 1/2 Feelings in Fabric presented by the Kawartha Quiltmakers' Guild, Peterborough, ON at Fleming College, Trades and Technology Building (Building D) Beautiful quilts, wall-hangings, demonstrations, antique quilts bed turning, displays, vendors, silent auction and items for sale in the boutique. Bring scissors and tools for sharpening. Admission \$7.

May 1/2 Quilts from the Valley at Forest Brook Community Church Raffle of three beautiful quilts and quilt ladder, a members' challenge display, merchants' mall, guild boutique, silent auction, tea room with baked goods, door prizes and much more.

May 2/3 Orillia Quilters' Guild Sunshine Quilt Show at Trillium Manor Admission – \$5. Special Features include: Exhibits and Sales, Quilt raffle supporting Trillium Manor, Sunshine Market, Vendors, Tea Room .

May 8/9 Mississauga Quilts! At Burnhamthorpe Community Centre and Arena The Mississauga Quilters Guild . Featuring Cafe, Guild Boutique, Market Square, Mini Quilts auction and the Northcott Challenge, demonstrations stage, and Quilt Raffle.



May 8/9 Chatham Kent Quilters Guild "Stitches In Bloom" Quilt Show at St. Paul's Congregational Church Fabulous Quilts, Marianne's Market, Tea Room, Quilt Raffle, Vendors.

May 11/12 Danny Amazonas Workshops – St Marys, ON at Pyramid Recreation Centre, End Zone An opportunity to learn from an internationally renowned artist. The workshop fee includes two days of personalized instruction, fabric kit, digital artwork and lunch/snacks both days. Class will be held from 9am-4pm each day with 1 hour for lunch.

May 22/23 Thousand Island Quilters' Guild, Brockville Memorial Civic Centre, Magedoma Drive. Boutique, tea room, silent auction, demonstrations. Free parking

May 29/30/31 Visions of Quilts in Niagara, Meridian Community Centre, 100 Meridian Way Fonthill, Niagara Heritage Quilters' Guild. Appraisals on Saturday, Members boutique, Quilt raffle proceeds to the Kristen French Advocacy Centre, Vendors Mall and Workshops, including Long - Arm Classes sponsored by Kindred Spirits Quilt Co and Jane's in Stitches.



Kingston Heirloom Quilters

Quilting Events

June 5/6 Pine Tree Quilters' Guild of Muskoka, Bracebridge Memorial Arena, 169 James St. Bracebridge. Admission \$8. Boutique, vendors, café and raffle. Free parking.

June 6 Westmount Congregation, and the Westmount Quilting Group, at Westmount Congregation, 23 Westmount Dr. S., Orillia. Free admission and parking.

July 10/11/12 Quilts On The Tay by Lanark County Quilt Guild Smiths Falls Memorial Community Centre 71 Cornelia St W, Smiths Falls. Traditional,

Art, Modern Quilts as well as a Merchant Mall, Door Prizes and Quilters Cafe.

July 11/12 A Stitch In Time 2020 by the Prince Edward County Quilters' Guild Wellington and District Community Centre, Lehigh Arena, Wellington. Prince Edward County Quilter's Guild. An arena full of quilts; Merchants' Mall; Guest Artists; Demonstrations; Vintage Sewing Machine display.

July 25/26 Quilts in the Village, Black Creek Pioneer Village, Toronto

Jeannine applies her hand-applique skills to prepare the centre for the Canada Quilt—almost done!





Kingston Heirloom Quilters

Show and Tell



It wasn't easy but with a little help from her friends, and some online searching, Simone found the right thread to complete this beautiful cross stitch.

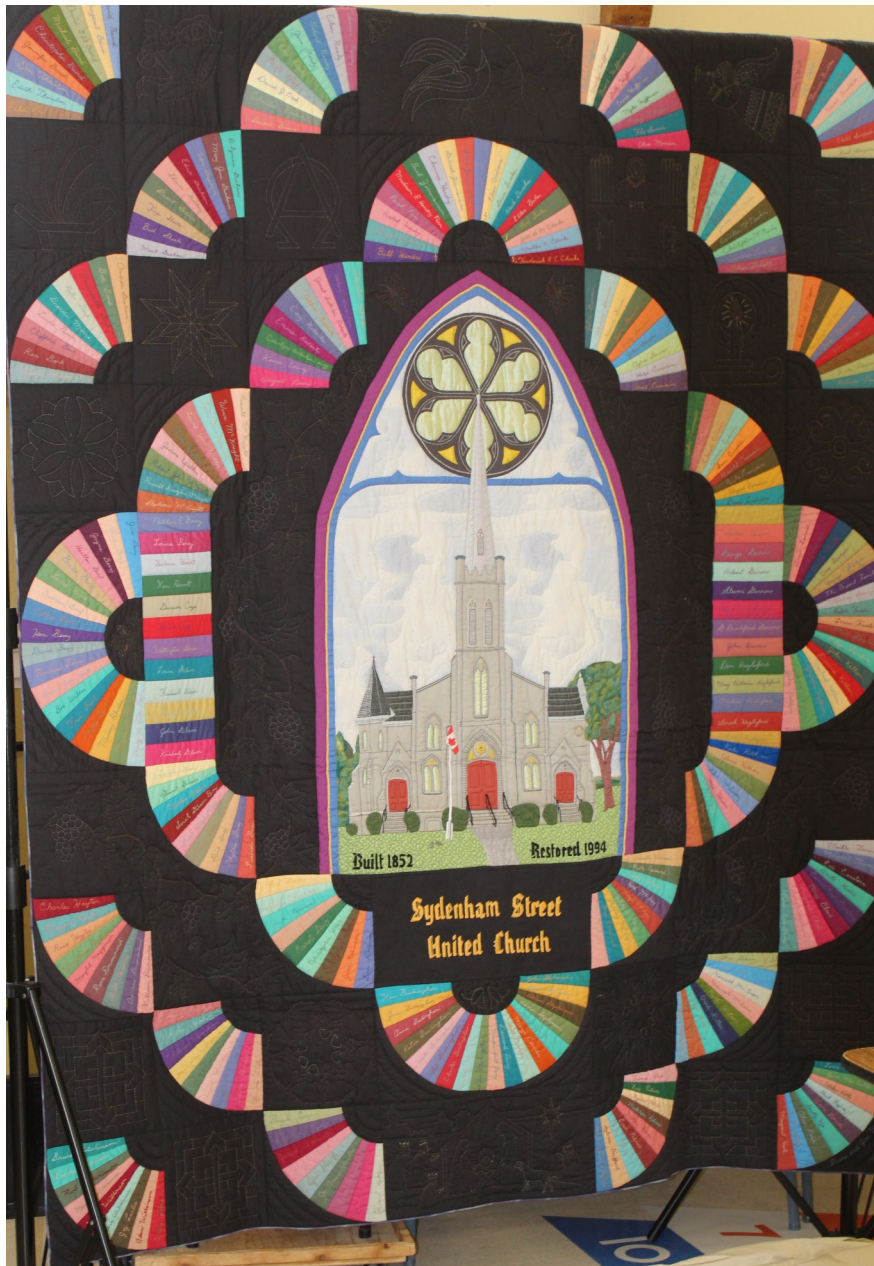
Simone made this strip quilt for a nephew, using strips she won at a Limestone Guild raffle. There may be too much floral fabric for a male recipient so she may be looking for another gift.





Kingston Heirloom Quilters

Show and Tell



Diane Berry and her husband made this beautiful quilt for their church. Each of the colored bars has the name of parishioners and their families, and raised money for the church. The quilt usually hangs in the church, but Diane was storing it during renovations. She shared it with us as it hung to get some of the creases out before it is reinstalled.



Kingston Heirloom Quilters

Show and Tell



Phyllis was challenged by the edges of this quilt top and brought it in to discuss with others.

Below is Phyllis' latest quilt.





Kingston Heirloom Quilters

Show and Tell



Donna made this little quilt to show others how to use a new kind of ruler. She made the ruler available to anyone who might want it for an upcoming class

Mary Catherine made this baby quilt for donation to the hospital





Kingston Heirloom Quilters

Show and Tell



This handy little bag will be among the many things we make for the quilt show boutique. Eileen says she uses her bag all the time to hold the necessities of everyday life. Stand by for another fun workshop.



Touch Quilts

Sally, Mary Anne and Wendy had expected to attend a tea at The Waterford to give the ladies there some touch quilts but, unfortunately, that had to be cancelled. There are at least five touch quilts ready for donation and a number of others in the works. The quilts are using the new labels which Wendy and Mary Anne are making up for KHQ projects.





Kingston Heirloom Quilters

What We Did While In Isewlation



Every year about this time Eileen gives a number of her handmade items to Almost Home. It has two events coming up - one is a gala dinner with silent and live auction. Of course this event has now been cancelled - but it is planning to sell on line and by mail - so Eileen delivered her items in mid-March.

There is usually a golf tournament too - hopefully it can be done at the end of May as planned, or it could be postponed. Eileen is also cleaning out some of her closets and dressers - it feels good when they are done - but she would rather be quilting. She also goes for walks every day - the 18-holes golf course behind her condo is quiet ,and peaceful, and beckoning.





Kingston Heirloom Quilters

What We Did While In Isewlation



National Quilting Day

March 21 was National Quilting Day and quilters across Canada and the United States were encouraged to hang quilts outside their homes for others to see, providing what one participant called a 'quilty hug'.

Neighbors could check out the quilts while walking by, or from the cars and enjoy the beauty without risk.

National Quilting Day celebrates quilts and those who make them annually on the third Saturday in March. The National Quilting Association started National Quilting Day in 1991 in Lincoln, Nebraska.

This year, with other events cancelled or postponed, the idea was to cheer people up but still maintain 'social distance'. If you want to see what some quilters did, check out the *National Quilting Day* Instagram page.

Wendy has just finished these bears for a retirement gift for a friend. The event has been postponed, so there is still a bit of time to get the hems done on the t-shirts. The bears are wearing toddler shoes as hiking boots, little backpacks and 'Tilley' hats made of real Tilley fabric. The retiring friend, and her husband, love hiking and soccer, which provided the theme for the bear clothing. They will have walking sticks so they can stand up independently.





Kingston Heirloom Quilters

What We Did While In Isewlation



Wilma filled her time doing “some quilting, some knitting, and trying to organize fabric scraps”. This photo is of a quilt she has been working on --slowly-- for the past year. Almost done!

Joan managed to send the last group of baby quilts to KGH on Feb. 24, well before Covid 19 had its present impact. In the group were 14 baby quilts. Also included were two throws knitted by Bernice. Joan received a call from KGH thanking KHQ. She finished one of her rug hooking projects and has been sorting out things she doesn't need in general. No more baby quilts for the time being.

Wendy made this in-the-hoop (ITH) Folk Art Rabbit table runner for her sister's birthday. It is from Sweet Pea Machine Embroidery Designs and is a large, and daunting, project. Basically ITH—for those who have never done it—is like paint-by-number, only you choose the fabric and the thread colours and the embroidery machine does the 'painting'. This was the

first time for a Sweet Pea Design—from Australia—but the instructions are amazing and the results magnificent. This project was done using stash fabric and left-over pieces of batting. Just a little bit more fabric out of the house! Now to make one for herself. Wendy has also been walking—and her dogs are very happy!





Kingston Heirloom Quilters

How Can You Help?

A Kingston nurse has designed a medical mask pattern for masks to be donated for front-line health-care workers. There is a link below for the pattern and instructions to make the mask, and also for her guidelines about using it.

These masks are not perfect and health-care workers will make their own decisions about using them.

You must use 100 per cent tight- weave cotton fabrics only, it takes about one fat quarter. Please also use cotton or mercerized cotton thread and do not line the masks with interfacing or fleece. They should have ties, not elastics. These masks will be washed regularly.

The pattern and instructions can be found at <https://www.instructables.com/id/AB-Mask-for-a-Nurse-by-a-Nurse/>.

Stitch by Stitch has fabric kits for \$2 for making the masks, or you can make them from fabric you have. If you want to purchase kits please contact Stitch by Stitch for the instructions on how to do that. They will be in Ziploc bags, labelled with your name, at the entrance to the store, so you do not have to go in.

The donation drop box is also outside the store, right by the entrance. The mask donations will be picked up by local OPP to ensure they make it to hospital staff. The first pickup is Thursday.



Eileen has finished her first set of medical masks for Almost Home. She is making two of each for staff there so each person will have one to wear and one to wash, and won't get them mixed with others that have them.

She is using some of the KHQ fabrics she has, so she is putting Kingston Heirloom Quilters on each one with her washable pen.



Kingston Heirloom Quilters

Just One Quilt

A recent Aurifil Threads newsletter highlights a special film project which is sponsored by Aurifil and by Janome. Undertaken by British quilter Jenni Smith beginning in April 2019 Just One Quilt is planned to be 52 short films where, rather than discussing the technical details of a project, the focus is the heart of a quilt.

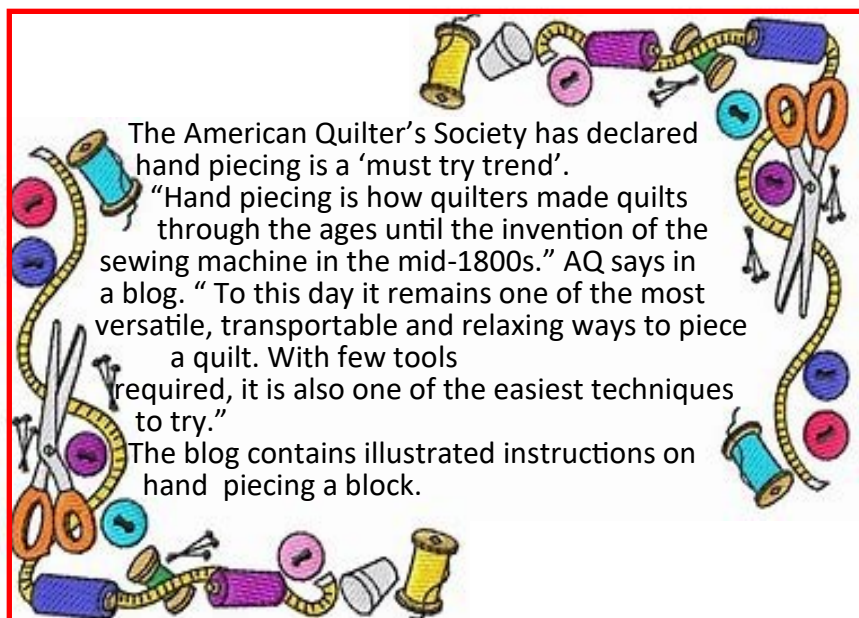
“What if, “ Aurifil asks in the newsletter, “as makers, we not only dedicated our time to creating works of art, but also to reflecting on the process? What if we celebrated the individual achievements and recognized the emotional weight so often held within each and every stitch. What if we slowed things down and listened to the stories behind the projects? These questions are the foundation of Just One Quilt.”

“Jenni’s goal, “ the newsletter continues, “is truly to enlighten curious people about what drives the quilting process, how quilts are used, and why the craft of quilting is so beneficial. She wants to challenge the stereotype that quilting is an old-fashioned practice. She strives to highlight what makes the process of quilting so impactful, both on a personal and a more widespread level. “

In an interview in the newsletter Jenni says, “we are not just chatting about the technical details of a project - we are getting to the heart of the matter. Watching a three- minute story you could laugh out loud, learn something new, gain a fresh perspective or burst into tears. We’ve managed all of this so far, and the weekly films are resonating with makers around the globe. “

Jenni tells the Aurifil newsletter she has discovered that “everybody has a lot to say once you get them talking about quilts, because it’s a true passion and nerves soon disappear. We have chatted to local makers, quilters and designers known Internationally, attendees of sewing retreats, and people we’ve met at QuiltCon and Festival of Quilts here in the UK. The criteria for taking part is simply a willingness to share and be authentic. “

She says she anticipated the films would resonate with viewers but had thought less about how it could affect the people telling their own story.



“I have realised that we spend many hours sewing a project, but rarely allow ourselves the luxury of time to reflect on how it made us feel. Those who have shared personal accounts of how quilting has helped them with anxiety, a difficult experience, bereavement and more have found it truly worthwhile. “

All of the films can be found at www.justonequilt.com. They are also released every Friday on Jenni’s YouTube channel [Jenni Smith Sews](https://www.youtube.com/channel/UCJenniSmithSews).

*With thanks to Aurifil
March 12 Newsletter*



Kingston Heirloom Quilters

Are Quilters 'Normal' People?

Adapted and modernized from a list by J.E. Russell
There are two kinds of people in this world: those who quilt and those who don't. Quilters feel they are no different from other people, but let us compare:

Quilters

Quilters have basements filled with boxes of fabric and rolls of batting leaning against the wall

Quilters' children wear shoes at all times and never crawl once they have learned to walk

Quilters have the ironing board next to the sewing machine. Their points and corners are perfectly pressed

Quilters have co-ordinated bedrooms with matching quilts, pillows and wall hangings

Quilters read quilt magazines, quilt books, pattern instructions, Facebook and quilters' blogs

Quilters' families eat chili, meals from the Insta-Pot and anything they can fix themselves

Quilters drive long distances to quilt shows and quilt shops

Quilters use their dining rooms for quilting

Quilters save boxes for storage

Quilters store yardage requirements, thread colours and fabric, quilt show and project photos on their phones



'Normal' People

Normal people have ping or pool tables, computer games, pictures on the wall and empty suitcases

Normal peoples' children run barefoot through the house. They have no fear of pins in their feet

Normal people have pressed skirts and pants, and they have all the buttons on their shirts

Normal people have co-ordinated wardrobes

Normal people read the news, the latest novels and friends' Facebook pages

Normal people eat fresh-prepared meals, fresh vegetables and home-made cookies

Normal people visit provincial parks and historic monuments

Normal people use their dining rooms when they have guests for dinner

Normal people recycle their cardboard

Normal people store family clothing sizes, grocery shopping lists and photos of their grandchildren



Kingston Heirloom Quilters

Are Quilters 'Normal' People?

Quilters have rough hands, split nails, rounded shoulders, and saddle bag hips

Quilters have eyeglasses and purple shadows from sewing late into the night

Quilters have needle-nose pliers, razor blades and sandpaper in their sewing boxes

Quilters will never live long enough to finish everything they would like to do, and normally wear themselves out trying

Quilters leave works of art filled with memories that will one day be of historic importance

Normal people have manicures, straight backs and trim hips from attending aerobic classes

Normal people get eight hours sleep and wear contact lenses, if they need glasses at all

Normal people have two spools of thread—one light and one dark—and a few assorted buttons

Normal people make a will and wait for the end when they quietly fade away

Normal people leave.....?

Support from friends

Do you know someone who can't get out to meetings, has lost a loved one or is in, or just out of, hospital?

Please let Sally know and she will drop them a supportive note letting them know we are thinking of them.

For the next little while—please think of contacting a quilting friend who might need a little extra support right now. Isolation, in and of itself, can be frightening and it may help to talk to a friend.

If you need a hand, someone to talk to, or to get out and get groceries, please call a quilting friend. If we cannot help we will find someone else who can.





Kingston Heirloom Quilters

Sponsors and Messages



Beth Ruiter
OWNER | PROPRIÉTAIRE

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Monday Closed
Tuesday/Wednesday
9:30 - 4:30
Thursday
9:30 - 8:00
Friday
9:30 - 4:30
Saturday
9:00 - 4:00
Sunday Closed



Paisleys Quilt Shop
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Madonna Oliver
613-203-9011
Info@PaisleysQuiltShop.com
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www.taylorsewing.com

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Canadian Quilters' Association

DID YOU KNOW?

- CQA/ACC members get specials with our vendors at Quilt Canada
- CQA/ACC members and non-members can participate in the Row by Row event happening now
- Non-members can still keep in touch with what is happening by subscribing to our monthly newsletter on our website.

Full details can be found at www.canadianquilter.com
Or contact your local area CQA/ACC representative



Kingston Heirloom Quilters

2019/2020 Executive

President : Simone Lynch

Co-Past Presidents:

Donna Hamilton, Anjali Shyam

Vice President: Marg Henshaw

Corresponding Secretary: Sally Hutson

Recording Secretary: Lynda Redmond

Treasurer: Mary Ann Kingston

Social Convenors: Jeannine Sullivan, Francine Leblanc, Karen Quattrocchi

Membership/Phone Convenor:

Kathryn Breau

Publicity: Peggy McAskill

Program: Executive

Newsletter Editor: Wendy Nicol

Historian: Karen Quattrocchi

Librarian: Ros Hanes

Baby Quilts: Joan Bales, Peggy McAskill

Touch Quilts: Sally Hutson

Life Members: Diane Berry, Bea Walroth, Donna Hamilton, Margaret Henshaw, Ros Hanes

Meetings usually held the first Tuesday and the third Thursday of each month from September to June at St. John's Anglican Church Hall in Portsmouth.

quiltskingston.org/khq/

KHQ *usually* meets twice monthly, from September through June on the first Tuesday and the third Thursday of the month. Meetings are from 9:30am to 3pm at St. John's Anglican Church Hall on Church Street in Portsmouth Village, Kingston.

Members bring a lunch and spend the day with fellow quilters.

Activities center on group projects, workshops, demonstrations and guest speakers.

Meeting days without a formal program are spent on a variety of group projects.

Membership is open to both experienced and learning quilters who support our goals of developing and preserving the skills of heirloom quilting. We welcome visitors to our meetings.

Please join us for the love of quilting.

Drop in or contact us at khq at quiltskingston.org. We love to meet new and experienced quilt enthusiasts.

