



STILL ISEWLATION EDITION



Presidents' Message

Our Christmas celebrations were a lot of fun this year, especially thanks to an assortment of hats worn by members. We think there will be no disagreement when we say “hats off to Ros and her assortment of unusual hats”. We think our favourites were the turkey, lemon meringue pie, and Rudolph! See the pictures below. We shared some of the Christmas items we were making for family and friends and generally had a lot of laughs.

Our new year began with a visit with Linda Coulter. We are fortunate to have a thriving artist community in Kingston. Linda belongs to the Kingston Fibre Arts group. We were delighted to have her come to our zoom meeting on January 4th She talked about her artistic process and showed us some of her beautiful hand-stitched pieces. If you missed it or would like to watch it again, we have the recording available.

Simone shared her experience of making a Cathedral Window Quilt and showed us how to make a few blocks. If you were like Donna, it had been many years since she had tackled this type of square. We listened to several members who had started one of these quilts and ended up making a pillow instead. If you made a Cathedral window or two blocks and don't want to keep them, consider making them into something for the Boutique. We have a recording available of this as well.



Planning has begun for Quilts Kingston 2023. We are hopeful that Covid will be under control and we can have our next show on June 2nd, 3rd, 4th in 2023 at the Royal Kingston Curling Club on Days Road.

We hope you will begin, if you haven't already, getting a quilt ready to show. As hand quilting is continuing to decline in popularity, we hope you will make one. Our show is one of the few places where you can see hand quilted quilts. Let's hope we can finish our Canada Quilt and make the scrappy blocks into a quilt top for quilting at our Show.

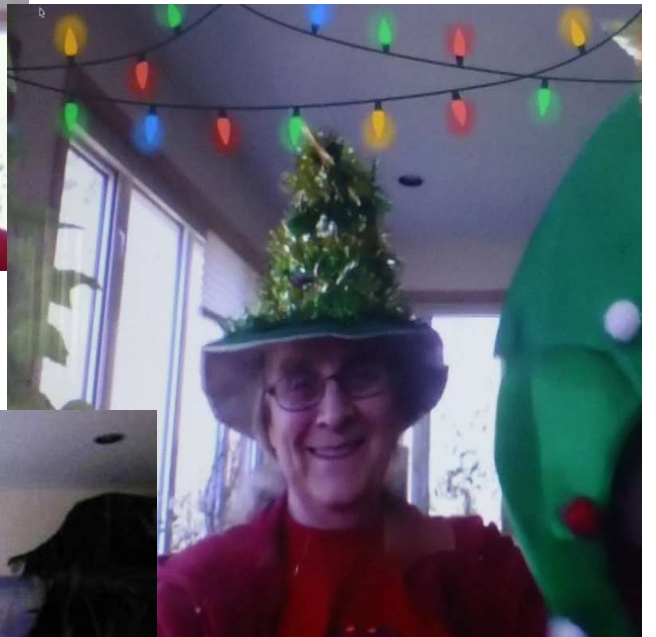
We continue to have some interesting talks and programme coming up. See the programme following this article. We would like you to make many items for our Boutique in the next little while. If you have some ideas, please share with any of the Executive or at our meetings. We'd love to hear from you. We will be offering some suggestions over the coming meetings and need your ideas too.

As soon as we hear anything about returning to the church, we will let you know.

Let's go quilt!

Donna and Anjali







Winter/Spring Programme

Feb 1

- Make Boutique items with Eileen
- Show and share and visit

Feb 17

- Joanna Dermenjian will give us an update on her research into WWII Quilts made in Canada
- Show and share and visit

Mar 1

- Learn/Refresh your skills on English Paper piecing with Ros
- Show and share (done any English Paper Piecing?) and visit

Mar 17

- Fran McArthur (current and former KHQ member now in Victoria, BC) will talk with us (still working on details)
- Show and share and visit

Apr 5

- Make a wine bag with Sally
- Show and share and visit

Apr 21

- Make Boutique items
- Show and share and visit

Executive 2021-2022

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Quilts: Art or Craft? Donna Hamilton

Over the years we have heard many discussions as to whether quilting is an “art”. One of our founding members, Margaret Rhodes, certainly thought so and I can still remember how pleased she was when quilts hung for the first time next to paintings at the Agnes Etherington Art Centre many years ago. She had fought hard to make it happen. Recently, I came across a quote that said it all. If only I could have shared this with Margaret. It goes like this ...

“He who works with his hands is a laborer. He who works with his hands and his head is a craftsman. He who works with his hands and his head and his heart is an artist.”

St. Francis of Assisi



Fibre
Artist
Linda
Coulter



On January 4th Linda Coulter, a fibre artist with the Kingston Fibre Artists, gave us a wonderful inspiring talk from the comfort of her home in Kingston. She spoke of the techniques she uses and how she approaches her art.

Good news! If you missed her presentation, we were able to record it. Take a look at (Sorry, members only) and catch up on the fun.

Linda Coulter is a fibre artist extraordinaire. She gets her inspiration from her travels and surroundings for her extensively hand stitched pieces.

She dyes her own fabrics using a number of different techniques like snow dyeing, flat dyeing, shibori and eco dyeing. Gel printing is another technique that she explained in detail.

We even got a glimpse of her new studio!

Website: www.lindacoultertextileart.com



Festival Of Quilts

The following pages titled Festival of Quilts provide a snapshot of the early days of the Kingston Heirloom Quilters and of mounting their first quilt show. Bea Walroth, one of the early members of the KHQ and author of this article has kindly given her consent to include it here.

It was first published in an issue of Canada Quilts, Volume XVI, No.5, November 1987. This was a newsletter edited and owned by Marilyn Holowachuk of Grimsby, Ontario.

Donna has provided the link to access the photo of the Tea Leaf Variation quilt mentioned in the article. It is on our web page, <http://quiltskingston.org/khq/GQTeaLeafVariation.htm>



"A Girl's Room" is one of the theme areas at "A Festival of Quilts" which provided a resting place for the eyes, inviting one to turn for a moment from the overwhelming array of hanging quilts.



Kingston Heirloom Quilters' A Festival of Quilts

We'd been planning it for years..."At our show...", we'd say, coming back on the bus from our frequent quilt show excursions, discussing what we had seen, advice we'd been given, rejecting this, enlarging upon that. "As soon as our group is mature enough..."

A group, not a guild, the Kingston Heirloom Quilters was established in 1979 by students of quilting classes taught jointly by Margaret Rhodes and Diane Berry. Currently numbering about sixty members, we gather every second week to work together on group projects. We try the latest trends and techniques then return to our greatest joy, the making of masterpiece quilts. Directed by our former teachers, we have learned to build our quilts one step at a time, being ever open to that unpredictable effect that will lift them a bit above the ordinary. No effort is spared for the good of the quilt.

"Nor will there be for our show..." we said. But it would take more than effort to mount a major show, we'd need money!

We decided to have a quilt raffle. "Something quick and easy," we said. But the making of a raffle quilt proved harder than we thought!

Utilizing a donation of brown print, we'd whip up a Tea Leaf quilt. The trial block looked drab. Margaret burrowed into her cupboard and emerged with a basketful of swatches. We found that slate blue would give it some class, an added just a touch of rust to make it zing.

Our Tea Leaf remained a raffle quilt until the day that we inadvertently laid a strip from which leaves had been cut, along its edge. We snickered at what we were letting ourselves in for, but once the stunning effect of the scalloped border was revealed to us, there was no turning back.

Our Tea Leaf Variation (photo in issue #61 of Canada Quilts) was a masterpiece not a raffle quilt. Sold within our membership by silent auction, it contributed handsomely to our quilt show funds.

We set up a quilt show steering committee of three. Sub committees were formed and we began to organize in earnest. Our Festival of Quilts was slated for May '87. The sail measuring room at the Portsmouth Olympic Harbour, clean, bright and spacious was chosen for the site.

Fulfilling our fantasies would be a costly venture, so we took another crack at making a raffle quilt. "AN Apple Quilt," we said, "quick and easy!"

Members were to bring in three small scraps of coordinating fabrics, one plain and two prints. "Nice rich colours!" said Margaret, sealing its fate. We knew early on that we couldn't raffle this one either. What if the person who won it thought it was just a quilt? As the blocks were completed, we saw that they deserved the full treatment. So, we added a meander border and gave our quilters their heads. Named Buds and Blossoms, it too was sold within the group



Buried at the back of our closet was a box of Dresden Plate pieces that our group had inherited. Surely, we could bear to raffle a common little Dresden Plate quilt!

Time was running out; we reined ourselves in. However, we couldn't resist adding an appliqued heart to each corner.

Regarded at first with some disdain, our cheerful little raffle quilt began to grow on us. By the time we got it on the frame we were beginning to like it. Quilted, it was, we had to concede, a beautiful quilt.

We shipped our Dresden Plate quilt off to the C.N.E. where it dutifully won the boodle, which fattened our coffers considerably.

At last, we had a quilt that we were happy to raffle. But there was yet another hurdle to overcome we were refused a raffle license.

Never underestimate the power of outraged womanhood. Armed with our constitution, and supported by our contribution to the Heritage Quilt Collection and the community, our big guns marched on City Hall. They emerge victorious, having convinced the powers- that-be that a quilt show could benefit the community.

Displayed downtown in a member's shop window, our Dresden Plate quilt just sold itself. Even as it was being hung a knot of people began to gather outside. Flaunting its bright red C.N.E. ribbon our little raffle quilt danced and sang and lured people into the shop to buy tickets. Everywhere it went it did us proud, raising money and drawing attention to our upcoming show. Every ticket sold. The winner of our quilt raffle was Harriet Rook, Kingston Ontario.

We became inundated with quilts. Deadlines for entry passed but irresistible items continued to surface. Treasures offered almost apologetically.

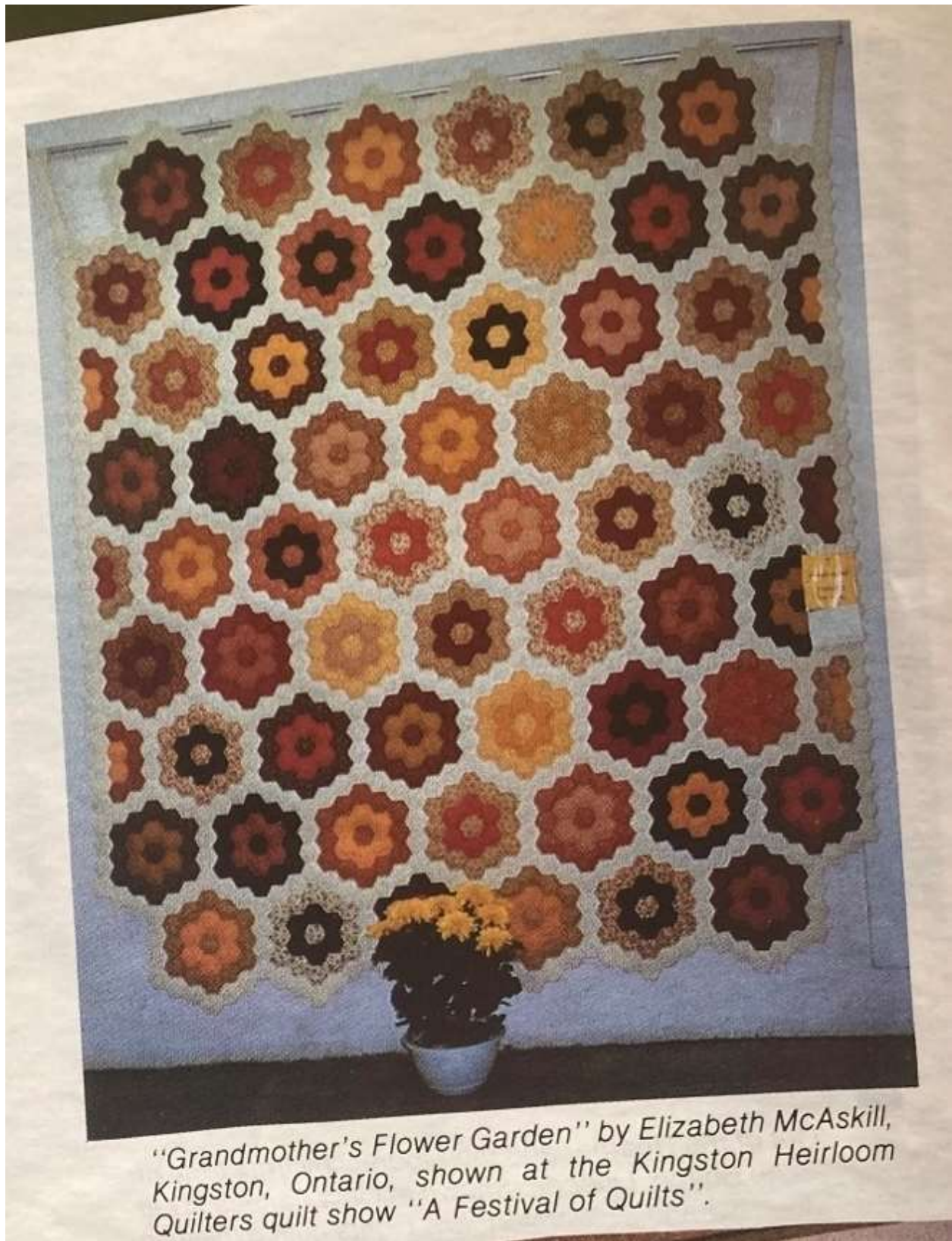
Hanging day dawned, one of the longest, busiest and in the end, most satisfying of our lives. There were over two hundred quilts displayed, of these one hundred and four were made by members of our group.

The **Invitational Gallery** contained work of many recognized quilt artists. Among them were Sandra A. Small, Carol Goddu, Judith Tinkle, Ann Bird, Jean Boyd, Carolyn Millikin, Jeanne Moran and Sylvie Price. The uninitiated stood agog in the midst of these exciting works of art.

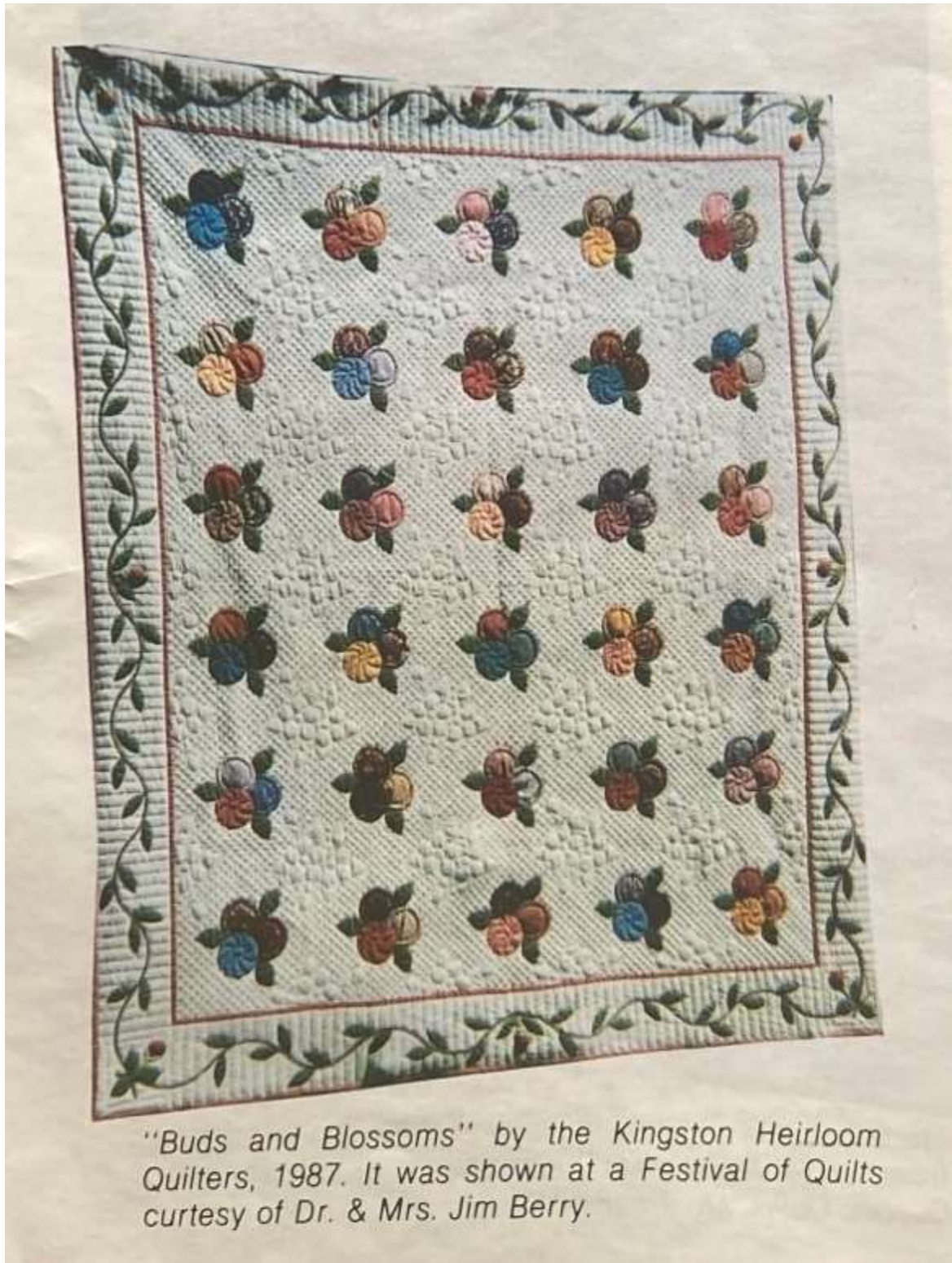
There were 30's antique quilts as well as some from the 40's and 50's, heirlooms all, culled from the Kingston area.



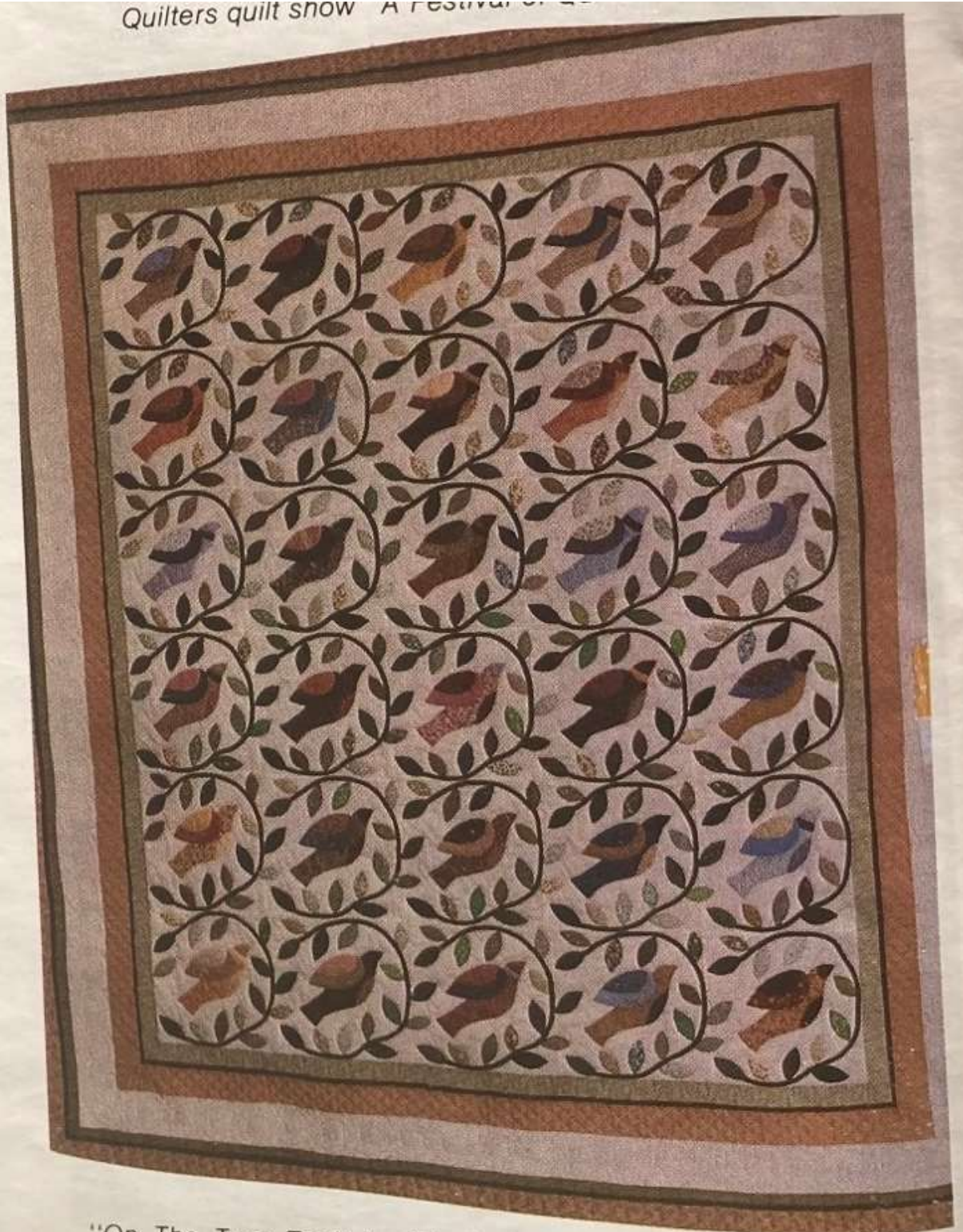
"Aprils Rambling Rose" by Beatrice Walroth of Kingston, Ontario. This was Bea's first. It is stuffed applique and outline embroidered. Bea was awarded first place in Viewers Choice at A Festival of Quilts by the Kingston Heirloom Quilters.



"Grandmother's Flower Garden" by Elizabeth McAskill, Kingston, Ontario, shown at the Kingston Heirloom Quilters quilt show "A Festival of Quilts".



"Buds and Blossoms" by the Kingston Heirloom Quilters, 1987. It was shown at a Festival of Quilts curtesy of Dr. & Mrs. Jim Berry.



"On The Tree Top" by Elizabeth Lake a Kingston Heirloom Quilter. Shown at their recent quilt show A Festival of Quilts. It is an original adaptation in which Elizabeth used different fabrics for the leaves and pieces used in the birds.



Scissor Snippets

(image Wikipedia)



The pair shown on the left are believed to be from the second century A.D. and were found in a Roman settlement in Turkey. The earliest known scissors predate these and are believed to be 3000 to 4000 years old found in Mesopotamia.

Modern day, mass produced, cast steel pivoted scissors stem from the Scheffield area, mid 1700's, and are credited to Robert Hinchliffe.

Researching sends the reader down many rabbit holes, looking at the history and style of scissors of many different countries, to the superstitions and even the origin of the game Rock, Paper, Scissors!

One superstition which I read brought back a memory of my mother telling me something similar. Never hand scissors pointed towards someone as this will cut your friendship. What I read went one step further, that the scissors should be placed on a table for them to pick up. --- Joyce---

Here are some of the stories from our members about their sewing scissors.



Here's a picture of my favourite sewing scissors.

I believe they came from Lee Valley.

They were a gift from my sister some years ago and they soon became my preferred pair for small sewing projects. They have such a fine point that they work well for stitch picking. And, being so small, they make a perfect addition to any travelling sewing projects. They work as well today as when I first got them. I'd be sorry to lose them.

Lesley



These are the favourites in my space.

My father bought them both for me from Vandervoort's hardware store before he died 30+ years ago.



The little pair sit in front of my sewing machine to cut threads as I sew - they are lefthanded. I had them sharpened a couple of years ago and they cut beautifully.

The larger ones are used mostly when I need to cut paper - they are righthanded - but I love them anyway. I guess my dad forgot that year that I'm lefthanded.

Eileen



These are probably my favourite scissors. My husband gifted them to me a few years back. He bought them at Lee Valley here in town. He said the leather case was almost as much as the scissors! I use them at my hand quilting station.

Simone

This is the pair that I like to use but I'm still looking for a pair of scissors that will become my favourite. 😊

Anjali





This is a pic of my most favourite pair of scissors. They are very small. However, the titanium blades keep them very sharp.

These scissors are extra special because they were given to me by a friend who I met in 1970. Jill and I have been friends ever since. Shortly after the pandemic hit us, I started to phone Jill just to see how she was managing. Now those phone calls have become a daily necessity for both of us. I phone her every evening. We are amazed that we can chat about stuff even though neither of us goes anywhere. Friends are wonderful, always wonderful, especially in difficult times.

That's a lot to say about one tiny pair of scissors. Happy sewing & quilting,
Peggy

Usually my scissors are task-specific, but my photo is of Singer scissors that I've had for well over 30 years. They're always sharp, comfortable to use and fit easily in a zippered case where I store accessories.

Karen Quattrocchi





These stork embroidery scissors are quite common, but this pair is special to me since they were given to me in 1983 by my Australian friend Marianne Porteners, when Dave and I were returning home to Canada after 8 years living overseas. Marianne and I first met about 3 years previously when we first arrived in Australia and became instant friends - we both liked making things! She loved embroidery especially cross stitch and would design her own patterns. I introduced her to quilting. We spent many happy hours together visiting the beach, hiking and designing and making our own projects.

Ros



I use a rotary cutter most of the time, it is easier on my arthritic fingers and hand. When I use my sewing machine my favourite scissors are a pair of Twissors which I purchased at Abbey Dawn Quilts and Antiques many years ago. This shop was owned and operated by our long time member Jose Roosenmaallen for many years. Not sure of the spelling of these thread snips but they and a stiletto are right at hand when sewing by machine. Lorna Grice





A picture of my fav 3 scissors. I use them all. I have a large pair for cutting fabric as needed. The gold stork scissors I use for cutting threads off fabric and detaching fabric from my sewing machine. I use the smallest pair for cutting threads from fabric coming off my sewing machine, and also for cutting threads as I do various embroidery techniques. As I usually have more than one project going at once, I have other scissors that get used and placed in project boxes with the project that can become UFOs. These 3 pairs are my favourites and I like to have them close by.

Donna

These are two of my favourite ones. The ones on the left were a gift from my husband and the other ones are very sharp and useful!
Lyn Moore



Sally wrote to say her scissors tell no tales. I hope the same can be said of seam rippers!

Thank you to everyone for the lovely responses. It made me think of sitting around the table in the church hall sharing stories. The winner of the draw....Anjali





[2022-01-20 Simone tells us about making Cathedral Windows.mp4](#)

Join Simone as she tells us how she learned about making Cathedral Windows. Then she'll show you how you can make some too. 14:31 min long. Enjoy!

Sorry! Members only.



Simone showed us how to make the cathedral window block at the January 20th zoom meeting. I've made a pin cushion with mine. On the right, my Christmas stars.

Anjali



Donna shares an earlier cathedral ornament and Christmas Star ornaments made from Simone's December how to presentation.





Baby quilt donations to Kingston General Hospital this month.



December and January Surprise Blocks

Submitted by Donna

Joyce





Gnomes

Jeannine shared her gnome knitting and stories with us. The pattern maker is Sarah Schira. The instructions are available on Ravelry but, be forewarned, gnome knitting could be addictive!



Introductions: The grey and green striped one is Gnobleberry. According to Jeannine he started the whole thing. His partner, grey with burgundy is Gnewt. There are also Gnoah, Gnaomi (a little rounded), and Gniblet. The one with mittens is Gnorwen, a green bib is Gnatalie and the red one Gnancy. Let's not forget Gnora and St Gnick too! Phew!





In Other News.....

Member Joanna Dermenjian scheduled to speak to KHQ February 17th contributed to Canada's Forgotten Quilts a podcast available at this link: : <https://hapticandhue.com/canadas-forgotten-quilts/>

Another link: https://thousandislandslife.com/winona-circle-quilt-returns-to-gananoque/?fbclid=IwAR1BlzqI-hd-rDG5MzZ8yclUDatN78X_1qp8KDI2Q_inMfzVe9rbANSvlqQ

Will take you to an article published in Thousand Islands Life about the Winona Circle Quilt return to Gananoque which relates to Joanna's interest of researching Canadian WWII Red Cross Quilts.

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The Bay of Quinte Modern Quilt Guild presents the Log Cabin Quilt Reimagined in the Parrott Gallery in Belleville Library. Watch it online:

<https://bellevillelibrary.ca/virtual-gallery-two?fbclid=IwAR3Y7ueb-S7r7ba8RNMv69C2KvaiBDrSfq1oNYpwrBt8wGwL2ka7Yq7HvkY>

.....



Eileen Potts has been looking for
Recently I used up the last of my box of white freezer paper. Went to Loblaw's – nothing. Phoned Walmart and a few other grocery stores – no longer available. Imagine my surprise!!

Donna gave me lots of places where they were selling it by different manufacturers but I decided to try posting it on my Facebook page. One of my friends found it on Amazon – 33yards for \$37, another friend said Walmart and Canadian Tire on line – around the same price – plus delivery charges.

I got soooo lucky – a friend (my maid of honour many moons ago) had taken a class to make a wall hanging that looks like stained glass. She had bought a box – she's only used a little bit since. She gave me the rest.

.....



Kathy shares some humour..

I was going through some old photographs from when I used to take my mom to the quilt shows that were held in the Kitchener Waterloo area. We used to go for about a week. In the pile I came across a photo of some sayings:

A QUILTER IS

Someone who can not see cobwebs hanging from the ceiling,
Dust balls under the bed,
or a sink full of dirty dishes,
but can thread a size 10 quilting needle in the dark.

And the second was

A QUILTER IS

Someone who has not been able to balance her check book since October 1979
but can figure the yardage requirements for a log cabin quilt
and have just enough left over to make a pincushion.

Sadly. neither of these have an author.

.....

[Stitches in time: How local quilts capture the spirit of Fogo Island - The Globe and Mail](#)

Growing up on Fogo Island, Zita Cobb was often comforted by a handmade quilt that captured the spirit of her environment and community. Today, they've become an equally sentimental design ...

www.theglobeandmail.com

https://www.theglobeandmail.com/life/home-and-design/article-stitches-in-time-how-local-quilts-capture-the-spirit-of-fogo-island/?fbclid=IwAR02R732B7-mFxxNNAi_UfnljqCd8obxNxyhmwnotqfZJNruTPZYE64qGx4



Visit Quilt Canada 2022

RECONNECTED

June 15-18, 2022

Vancouver Convention Centre - East
Vancouver, BC



CANADIAN
Quilters
Courtepointes
CANADIENNES

Rhombus Rules by Tannis Fahlman

June 15, 7 pm
Opening Night Gala & Award Ceremony



June 16 at 7:30 pm
Sandra Chandler
Quilts are Fashion Statements!
Sandra Lee Design
sandrajohnsondesigns.com



June 17 at 7:30 pm
Jacquie Gering
Intuitive and Outside Design
Rethink Quilting
jacquiegering.com

Register for a workshop with one of the outstanding
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canadianquilter.com

All the *Quilt Canada*
activities you love
are back:

National Juried Show

Concurrent
Quilt Shows

Merchant Mall

55 workshops &
11 daytime lectures

Daily Door Prizes

Watch for updates at
canadianquilter.com





submitted by Simone

The Quilt Pattern Magazine

www.quiltpatternmagazine.com

Just For the Fun of it!

Quilty Crossword Puzzle #1

By Joan Bassett

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ACROSS

1. A patchwork square
4. The diagonal of a woven fabric
5. Tool with a circular blade (2 words)
6. A quilting vacation
7. Used to mark a motif on a quilt top
9. Make a drawing bigger
11. Used to set seams and remove wrinkles
12. Sew shapes of fabric onto a background square
14. A protection for fingertips
17. Made from plastic to use in appliqué patterns
18. Sharps and betweens
19. Tint fabric

DOWN

1. Join layers of a quilt together with pins
2. The filler between two pieces of fabric
3. A container of supplies (2 words)
8. The lengthwise finished edges of fabric
10. The lengthwise and crosswise threads in fabric
13. Random stitching lines that don't cross each other
15. Used to strengthen thread
16. The lightness or darkness of a color

Solution? Click Freddy the bee at our website.

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Yoga for Quilters

“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it’s raining, snowing, or hot outside, we don’t care! Come stretch and relax with me.

Wednesdays 10:30-11:45am Enjoy Gentle Yoga.

Fridays 9-9:45am Enjoy Chair Yoga.

You are encouraged to move within the range of motion of *your* body and with *your* breath. These classes will help you become more aware of what’s going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit yogaforquilters.ca or talk with Donna. Certified Yoga Instructor: Donna Hamilton, yogaforquilters@gmail.com