



## Think Spring Newsletter

(Did you know? Yellow and white are our colours!)

### Presidents' Message

Spring is on the way, no matter what the cold and snowy weather says! Donna doesn't remember having a "first snowfall of the season" type snowfall so late in winter. And we've seen two over the last few weeks. It is certainly beautiful seeing the snow on the trees in a winter wonderland. March, really?

On the pandemic side, Covid continues to challenge as places reopen sometimes mindful of those who are most vulnerable. Masks, social distancing, and reduced numbers can be the norm. When is it safe and when is it not? That is the question as there are still a lot of unknowns despite our two years' experience. Our world continues to be turned inside out and upside down as it tries to find the new normal.



Our zoom meetings continue to keep us in touch and to enjoy a variety of topics. Those who can't make the meeting can catch up watching recordings online of the demonstrations and/or lessons. I hope you enjoyed lessons on the doll's sleeping bag with Eileen, and English Paper Piecing with Ros and Mary Ann. Who thought there were different ways to English Piece? Did you make a teddy to go in your sleeping bag? Joanna's update on her research into WWII quilts was also very interesting. And wasn't Phyllis Vanhorne's 100<sup>th</sup> birthday celebration fun?

Many of you have watched the recordings. If you still have the link, you can rewatch as you wish. If you need a link, let Donna know and she'll get it to you.



Looking forward, Fran McArthur from Victoria, BC, will give us a talk in May; Sally will be showing us how to make a wine bag. We will have a sew day together where you can work on your projects or items for the boutique.

The question that has not been addressed yet is “when will we meet in-person again?” Some churches are beginning to reopen. We have emailed Lesley, the Administrative Assistant at St. John’s Anglican Church. She has promised to get hold of us when they start to open. The Church will have their rules to follow. We can have ours as well. Eventually, you will need to think about whether it’s time for you to come to the hall and what will make you feel comfortable.

In the meantime, whether we meet at the Church, at friends’ home, or online, we will continue to look for speakers/teachers around the world to join us. If you find or know of a great quilter, do let your executive know. We are all in this together.

Let’s go quilt! It’s snowing outside! Wait a minute, maybe it’s raining now! No Snow!  
Donna and Anjali

### Phyllis Vanhorne turns 100 years young!



KHQ send best wishes at zoom party!



Phyllis’ daughter, Margaret, peeks in!





## 2022 Spring Programme

**Tuesday Apr 5<sup>th</sup>**: Let's sew together! Bring an idea for a boutique item ... We can make whatever we fancy. We will get our April BOM from Anjali.

**Thursday Apr 21<sup>st</sup>**: Sally will show us how to make a wine bag

**Tuesday May 3<sup>rd</sup>** - Fran McArthur's talk; Donna provides the May BOM.

**Thursday May 19<sup>th</sup>** - Our annual meeting? TBA

**Tuesday June 7<sup>th</sup>** - Lake Ontario Park picnic? TBA

**Thursday June 16<sup>th</sup>** - Lake Ontario Park picnic? TBA

Due to Covid restrictions we are meeting on Zoom from 10am to about 12noon the first Tuesday and third Thursday of each month. When we can, we will meet again at the Anglican Church Hall Portsmouth or Lake Ontario Park.

Membership is open to both experienced and learning quilters who support our goals of developing and preserving the skills of heirloom quilting.

We welcome visitors to our meetings. Please join us for the love of quilting. For more information contact us at [khq@quiltskingston.org](mailto:khq@quiltskingston.org). We love to meet new and experienced quilters.

## **Executive 2021-2022**

**Interim Co-Presidents** : Donna Hamilton, Anjali Shyam

**Past President**: Simone Lynch

**Vice President**: Marg Henshaw

**Corresponding Secretary**: Sally Hutson

**Recording Secretary**: Lorna Grice

**Treasurer**: Mary Anne Kingston

**Social Convenors**: Jeannine Sullivan, Francine Leblanc, Karen Quattrocchi

**Membership/Phone Convenor**: Kathryn Breau

**Publicity**: Peggy McAskill

**Program**: Executive

**Newsletter Editor**: Joyce Foreman

**Historian**: Karen Quattrocchi

**Librarian**: Ros Hanes

**Baby Quilts**: Joan Bales, Peggy McAskill

**Touch Quilts**: Sally Hutson

**Life Members**: Diane Berry, Bea Walroth, Donna Hamilton, Margaret Henshaw, Ros Hanes



## A Thank You To KHQ

This email is to say “thank you” for the lovely arrangement of greens and whites and including a lacey yellow bow which brightened Phyllis’ 100th birthday.

Mom has lavished in opening cards and answering telephone calls, many from her wonderful quilt guild friends. She also enjoyed seeing familiar faces at your zoom gathering on March 1.

Thank you again for thinking of Phyllis as she adjusts to her new lifestyle at Carveth. Your thoughtfulness extends beyond quilts!

All the Best,

Margaret

## Donations



Pictures of the baby quilts that were donated to the Hugs Program since the last newsletter.

I’m grateful for the help from Bernice, Lyn, Eleanor and Anne who sewed on the bindings. The quilts were a team effort from Joyce, Jose, Pat & me. A special thanks to Mary Anne Kingston who has machine quilted them all (except the rag edged ones from Joyce) and made our beautiful labels.

Good work!

Thanks, Peggy

(more pictures next page)



Baby quilt donations





Wendy and Sally delivered five touch quilts to Fairmount Care.



### Show and Share



Lorna shows items for boutique, a teddy sleeping bag and mug mat.



Here are a few things I've been making since the last newsletter. Itty Bitty boxes, Large square pincushions, a wall tool caddy, and one of the several baby quilts I've pieced. – Simone-

[https://www.youtube.com/results?search\\_query=itty+bitty+boxy+bag](https://www.youtube.com/results?search_query=itty+bitty+boxy+bag)



[https://www.youtube.com/results?search\\_query=ilarge+sqare+pincushion](https://www.youtube.com/results?search_query=ilarge+sqare+pincushion)



Ros has made some teddies for the sleeping bags...



And Joyce made some sleeping bags too!



## Canada Quilt

On the March 17<sup>th</sup> Zoom meeting Ros gave an update on the Canada Quilt. The project has involved many decisions and steps with more yet to come as you will see in the photos below.



It is proposed to subtly outline the animals, birds, etc. on the pieced border. Discussion about reinforcing the outside strips to allow it to hang better also took place.





**Surprise! Festival of Quilts** continues. It was not noted in the last newsletter but, there is a second part to the article about all the different areas to view at KHQ's first show. The description will follow the introduction and credits below.

*The following pages titled Festival of Quilts provide a snapshot of the early days of the Kingston Heirloom Quilters and of mounting their first quilt show. Bea Walroth, one of the early members of the KHQ and author of this article has kindly given her consent to include it here.*

*It was first published in an issue of Canada Quilts, Volume XVI, No.5, November 1987. This was a newsletter edited and owned by Marilyn Holowachuk of Grimsby, Ontario.*

### **Festival of Quilts (part two)**

The **Invitational Gallery** contained work of many recognized quilt artists. Among them were Sandra A. Small, Carol Goddu, Judith Tinkle, Ann Bird, Jean Boyd, Carolyn Millikin, Jeanne Moran and Sylvie Price. The uninitiated stood agog in the midst of these exciting works of art.

There were 30's antique quilts as well as some from the 40's and 50's, heirlooms all, culled from the Kingston area. Seven quilts, including two made by the Kingston Heirloom Quilters were on loan from the Agnes Etherington Art Centre. Visitors also had the opportunity to view a portion of the Heritage Quilt collection which was being shown at the art centre in conjunction with our show.

How exciting for us to see again the quilts made by our group, hanging five in a row, each one marking a step in our growth period they were a fitting backdrop to our working displays.

Beneath a high skylight our Whispering Leaves, the result of a group workshop on curve piecing, was being quilted on the big frame.

**Tomorrow's Treasures**, set up as an efficient work area, featured quilts of various types and techniques at different stages of their development.

At the **Care and Repair Clinic** our resident experts offered advice on the maintenance and restoration of heirloom quilts. Visitors were invited to bring theirs in. Many did. One intriguing quilt utilized small pieces of peach brocade a fabric that seemed vaguely familiar. We dated ourselves by recognizing remnants from a corset factory!



Theme areas, tucked into odd shaped corners of the room provided a brief respite from the overwhelming array of hanging quilts. Each one featured quilts in an appropriate setting, displayed on antique furniture and enhanced by members' treasures.

It was **Christmas in May** in one corner, where quilted stockings were hung with care from a candle lit mantel. The tree encircled by quilted skirt bore handmade trimmings, a pieced cloth covered the table in a setting made warm by the charm of quilted items.

Teddy bears picnicked on a quilt in the **Children's Corner**, amongst bright and pretty baby quilts.

In the **Antique Corner** fragile old quilts in sumptuous Victorian fabrics were artfully arranged in an antique bedroom setting.

Old dolls gazed serenely out from **A Girl's Room**, arranged to lead the eye from one lovely piece to the next till it stopped enthralled at Sandy Small's Pied Piper, a gorgeous wall quilt that was inspired by a Kate Greenaway illustration.

Pretty 30's quilts pegged to a clothesline provided a backdrop for the **Good Old Days** display. Quilt tops, found at auctions, were draped about; Crisply done up hand worked linens aired on the clotheshorse, a green coke bottle sprinkler stood by rolls of dampened laundry. The Sad irons, washboards, copper boiling kettle and overflowing diaper pail acknowledged to Mother that some of us remember yet how it was for her when she created those bright and cheerful quilts. Many older viewers expressed their appreciation of this Mother's Day tribute.

At one of several rest areas a deacon's bench was flanked by two glass showcases that afforded guests a close look at some of our small treasures. Miniature Victorian rooms, antique spool holder and an elaborate thimble collection were among the many items therein.

This is not to say, however that the Kingston Heirloom Quilters dwell in the past. One of our show's greatest attractions was **Quilt Design by Computer**. Lured in by a sophisticated electronic quilt show, visitors could sit at one of five computer terminals with printers attached, and be guided expertly through a hands-on experience in the use of a computer as a tool in quilt design. Husbands were particularly interested in this aspect of the show. Quilt design programs, sold for just the cost of the disc were a fast selling item in our boutique.

Members worked very hard to stock our **Lil Sew'n Sew Boutique** with a good supply of attractive handmade quality items. It proved to be a popular feature and made a considerable contribution towards covering the cost of our high budget show.

The **Merchants' Mall** was a real eye opener for the locals, many of whom had never even glimpsed inside of a quilt shop before. There was so much merchandise displayed with such panache.



Participating vendors were Aunt Beth's Quilt World, Ottawa; Quilter's Helper, Osgoode; Ambleside Quilts, Fonthill; B.J. Reed and Gay Hennigar, Brockville; Quilts and Other Comforts, Toronto and Abbey Dawn Quilts and Antiques, R.R. 2, Kingston.

Several of our visitors expressed difficulty in choosing one favourite among the many gorgeous quilts for the Viewers' Choice Award. The three quilts receiving the greatest number of votes were: first place- No.104 April's Rambling Rose, appliqued, embroidered and quilted by Beatrice Walworth; Second place- No.8 Basket of Flowers, pieced and embroidered by Elizabeth McAskill, quilted by Shirley Fairbanks; and third place- No.34 Leaves, appliqued and quilted by Doris Waddell. All are active members of the Kingston Heirloom Quilters.

We opted to allow people to return to the show on one paid admission and were flattered that many did again and again.

For the Kingston Heirloom Quilters, production of a Festival of Quilts was a wonderful, exciting experience. We hope our viewers enjoyed seeing it as much as we enjoyed doing it. A large number of very fine quilts were available to us. We thought that they deserved the full treatment.

Bea Walroth



### Upcoming Events

Saturday, March 19<sup>th</sup> International Quilt Day!

To celebrate hang a quilt outside or in the window.  
Why not share a quilting book or sewing time?  
Visit a local quilt shop.





## THE KINGSTON FIBRE ARTISTS

# Art threads

APRIL 2 TO APRIL 30, 2022  
FIRST FLOOR GALLERY

**OPENING DAY**  
APRIL 2

**MEET THE ARTISTS**  
APRIL 2 2-5 PM

**ARTIST DEMOS**  
APRIL 26-28 1:30-4:30 PM

### COVID-19 PROTOCOLS

ALL PROTOCOLS SET OUT BY KFLA HEALTH DEPARTMENT IN REGARDS TO COVID19 WILL BE OBSERVED.

HOURS: MON TO SAT 10AM-5PM, SUN 10AM-5PM *CLOSED GOOD FRIDAY & EASTER MONDAY*

**TETT CENTRE FOR CREATIVITY AND LEARNING**

370 KING ST W, KINGSTON [WWW.TETTCENTRE.ORG](http://WWW.TETTCENTRE.ORG)

[WWW.KINGSTONFIBREARTISTS.CA](http://WWW.KINGSTONFIBREARTISTS.CA)



## Art Threads 2022

The Kingston Fibre Artists present: Art Threads 2022. Our show opens Saturday April 2nd and runs until Friday April 30th at the Tett Centre for Learning and Creativity. (55 King St West).

The Tett will be closed Good Friday and Easter Monday and Saturday April 30th hours are 10 - 3pm.

This is our 23rd annual exhibition, and features new work by our local artists. The show is open every day, Monday to Sunday from 10 am to 5pm.

This year, for 3 days near the end of the show, there will be demonstrations of techniques by a few of our accomplished members.

*GALLERY ADMITTANCE WILL REQUIRE PROOF OF VACCINATION (FULLY VAXED FOR 14 DAYS) PLUS PHOTO ID. ALL OTHER KFL&A GUIDELINES WILL BE FOLLOWED.*

Contact [carolynmb@gmail.com](mailto:carolynmb@gmail.com), 613-545-5986

Or [www.kingstonfibreartists.ca](http://www.kingstonfibreartists.ca) <http://www.kingstonfibreartists.ca/>

## Retreat Time

Odessa Fairgrounds Hall

April 25, 26, 27, 28, 29

9:30 – 4:00 daily

- Join Beth and Barb - We are really looking forward to seeing you, and filling the hall with laughter and creativity once again.
- You will have the use of one full table, with access to several set up for layering and pinning. We will avoid overcrowding by limiting participants
- Quilters, spinners, knitters, stitchers, lacemakers, we welcome you all. Start a new project or finish a Work in Progress.
- \$15/day and bring your own lunch and mug. Come for a day or the whole week!
- Full vaccination required and we will follow all current Covid guidelines as they evolve.
- Contact Beth to get your name on the list; your payment will secure your spot. Beth Abbott, 1142 Forty Foot Rd., Godfrey ON K0H 1T0 613-374-3212 [elizabethandronabbott@gmail.com](mailto:elizabethandronabbott@gmail.com)



### **PEC Quilters' Guild**

We are hosting Gloria Loughman's "Light Up Your Landscape" by Gloria Loughman workshop via Zoom

May 1, 2022 4 - 7pm Eastern Daylight Time

May 8, 2022 4 - 7pm Eastern Daylight Time

Light is one of the most powerful tools that an artist can use in a composition. Fusing small squares, rectangles or diamonds of fabric, students can build up a landscape background that is full of light, contrasts and drama. In this class, design principles including perspective and focal point will be outlined and a variety of colour schemes will be displayed and discussed. Participants will then design their own wall hanging working from a photo, sketch or picture. Fusing, invisible machine appliqué, free motion stitching and quilting techniques will be included. This workshop is suitable for new and experienced quilters with patterns provided. Guests are welcome to attend this workshop.

Tickets are \$65 and they are available at <https://prince-edward-county-quilters-guild.square.site>



# Visit Quilt Canada 2022

## RECONNECTED

June 15-18, 2022

Vancouver Convention Centre - East  
Vancouver, BC



CANADIAN  
Quilters  
Courtepointes  
CANADIENNES

Rhombus Rules by Tannis Fahiman

June 15, 7 pm

### Opening Night Gala & Award Ceremony



June 16 at 7:30 pm

### Sandra Chandler

Quilts are Fashion Statements!

Sandra Lee Design  
sandrajohnsondesigns.com



June 17 at 7:30 pm

### Jacquie Gering

Intuitive and Outside Design

Rethink Quilting  
jacquiegering.com

Register for a workshop with one of the outstanding  
*Quilt Canada 2022* teachers. Find out more at:

[canadianquilter.com](http://canadianquilter.com)

All the *Quilt Canada*  
activities you love  
are back:

### National Juried Show

Concurrent  
Quilt Shows

Merchant Mall

55 workshops &  
11 daytime lectures

Daily Door Prizes

Watch for updates at  
[canadianquilter.com](http://canadianquilter.com)





### Sponsors and Messages

*Taylor Sewing*  
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www.taylorsewing.com

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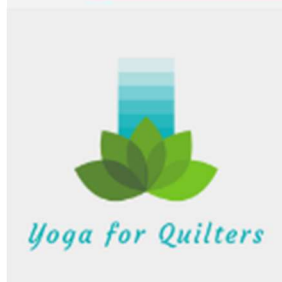
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“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it’s raining, snowing, or hot outside, we don’t care! Come stretch and relax with me.

**Wednesdays 10:30-11:45am** Enjoy Gentle Yoga.

**Fridays 9-9:45am** Enjoy Chair Yoga.

You are encouraged to move within the range of motion of *your* body and with *your* breath. These classes will help you become more aware of what’s going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit [yogaforquilters.ca](http://yogaforquilters.ca) or talk with Donna. Certified Yoga Instructor: Donna Hamilton, [yogaforquilters@gmail.com](mailto:yogaforquilters@gmail.com)