



Kingston Heirloom Quilters' Newsletter

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Presidents' Message

Welcome to our 43rd season of quilting! Yes, the Kingston Heirloom Quilters have been around for 43 years. We have Quilts Kingston 2023 coming in June. Are you ready?

As Donna sits in her garden enjoying the flowers, butterflies, and grass, she's thinking about how quickly the summer has flown by this year. Fall is on the way – and oh my goodness, she has a quilt planned, but none of the blocks are sewn together! Let's hope it rains soon!

This 2022-23 season will be about getting ready for the Show. Can we finish our Canada Quilt? Ros hopes to have us putting it on the frame. She has done a lot of work over the summer preparing the border. See pictures elsewhere in this newsletter. If you want to learn how to put a quilt on the frame, be sure to come to the Thursday Sept 22nd meeting.

During our last show in 2018 we demonstrated hand quilting on *Wish You Well*. Do you remember? That quilt is complete. During the pandemic, Simone finished it. It will be shown at the 2023 show and be for sale.





Remember *Jessie's Tulip Quilt*? Simone treated the quilt and removed the running colours. It will be sold at the Boutique to a lucky person.

Our *Pandemic Scrappy Quilt* is being stitched together one column at a time. When this is finished, we will have to tackle a border. When you see us working on it, do think about what we might put on the border. All suggestions are welcome. You know what happens, one idea sparks another that sparks another, that is added to and voilá!, We have a circular Canada Quilt or unusual scrappy quilt. Let's get those ideas flowing. We are a little bit out of touch building on each others' suggestions. It's time to get it moving again.

Of course, Peggy continues to direct the many baby quilts being made for the Hospitals. Sally is looking for more 6" blocks of larger flowers for the touch quilts that are still enjoyed by homes in Kingston. We will continue to make these quilts for the community.

Did you participate in the block challenge last year? Have you made a quilt or two? Do bring them in and other quilts you've made for Show and Share. We would love to see them.

If you have a favourite speaker, please tell one of the Executive. Please share any types of quilts you'd like to make, or technique you'd like to learn. There are many knowledgeable quilters in the group who may be able to teach them to us. Or maybe it will inspire us to find a new teacher or speaker to come to Kingston in-person or via Zoom.

Lastly, but not least, is the Boutique. Please make things for us to sell at the Boutique. We welcome all ideas. Don't be shy. Anjali has lots of ideas and we're sure you have some too. Let's share and get sewing!

Looking forward to seeing you in the Church Hall.

Let's go stitch!

Donna and Anjali

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"Anyone who works on a quilt, who devotes her time, energy, creativity, and passion to that art, learns to value the work of her hands. And as any quilter will tell you, a quilter's quilting friends are some of the dearest, most generous, and most supportive people she knows." — Jennifer Chiaverini

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EXECUTIVE 2022-2023

2022-2023 Fall Meeting Dates: Sep 6, 22; Oct 4, 20; Nov 1, 17; Dec 6 (Jan 3, 19, 2023)

We will meet at St John's Anglican Church in Portsmouth starting September 6th with hand sanitizing, MASKING and social distancing where possible. This will be updated as needed. If you would like to join us, please email us at khq@quiltskingston.org.

Membership

We now have a new Membership Person, Karen Q. Many thanks to Kathy B. for all the work she has done over the last few years.

We'd like to take this opportunity to welcome new member, Susan Manders. We hope you enjoy our company and activities in the coming months. Welcome to Kingston.

If you haven't already, please bring your \$30 fee and registration form, if any information has changed.

Interim Co-Presidents : Donna Hamilton, Anjali Shyam

Past President: Simone Lynch

Vice President: Marg Henshaw

Corresponding Secretary: Sally Hutson

Recording Secretary: Lorna Grice

Treasurer: Mary Anne Kingston

Social Convenors: Jeannine Sullivan, Francine Leblanc, Karen Quattrocchi

Membership/Phone Convenor:
Karen Quattrocchi

Publicity: Peggy McAskill

Program: Executive

Newsletter Editor: Joyce Foreman

Historian: Karen Quattrocchi

Librarian: Ros Hanes

Baby Quilts: Joan Bales, Peggy McAskill

Touch Quilts: Sally Hutson

Life Members: Diane Berry, Bea Walroth, Donna Hamilton, Margaret Henshaw, Ros Hanes



Show and Share

Church Hall September 6th



Lorna with mug rugs & seat belt holders.



Mary Ann McA's quilt.



Simone showing her purses and bags



Susan M's quilt



quiltskingston.org/khq/

September 2022



Gail J's quilt.



Karen Q's quilt



Canada Quilt



Baby Quilt Report

I gave 5 baby quilts to Anjali for the boutique. I have 2 baby quilts plus three knitted blankets to donate to KGH for their Hugs Program.

I'm thankful for all the work that's being done to finish these items.

It was great to see the quilters at the church hall.

Peggy





In Other News

Jinny Beyer Retires

Donna's favourite quilter, Jinny Beyer, came to speak and teach us back in 1993. Do you remember? Blimey, she *retired* this summer. But her website is full of free information, a wonderful resource. Be sure to check out <https://jinnybeyer.com/>.

The world is changing. Darn! Having said that, she is running craft tours:

Uzbekistan October 1-12, 2022

Ireland, May 5-14, 2023

Greece, June 3-13, 2023



Here's a picture of Jinny in Kingston showing us one of her quilts. Bea Walroth is helping her.

Submitted by Donna

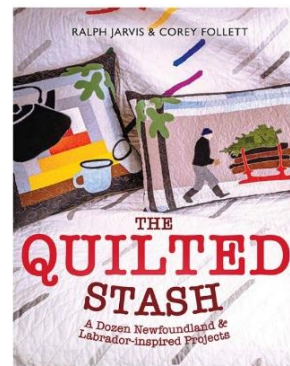


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September 2022

East Coast Textile Treasures submitted by Lesley D

This summer I visited Newfoundland, where I feasted on some amazing fabric art. This stunning portrait, called *Hold Fast Newfoundland and Labrador*, was created as a tribute to Dr. Janice Fitzgerald, their Chief Medical Officer of Health. It was painstakingly pieced during COVID isolation by a local woman, Katie Harrison, and is on display in the fabulous St. John's fabric shop, East Coast Quilt Co., shown below.



The Quilted Stash, a collection of twelve inspired Newfoundland and Labrador designs by one of the store's cofounders, is available at KFPL, but Lesley is also willing to lend her purchased copy.



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September 2022

Home On the Farm Quilt Show in Kemptville submitted by Joyce



Above: My Sewing Room, a group submission by The Restoule Quilters.

Left: Tea Room. Can you spot former member Wendy N.?

More pics from show at

<https://kemptvillequilters.blogspot.com/>

or visit the **Quilt Tent** at the **International Plowing Match** in Kemptville from **September 20 - 24, 2022.**



I find myself watching the Hallmark movies at Christmas to spot quilts in the show. A good quilt sighting in any film is a bonus in my book. It is possible to predict which films or sitcoms might have the addition of wonderful quilts by the cozy, feel good message they are hoping to promote, the setting, or the era of the story. Sometimes it is very straight forward, as in the next example which has it in the title!

How to Make an American Quilt made in 1995 with an all-star cast center around the making of a Baltimore quilt while weaving in the stories of the quiltmakers. I love the start of this show with a child sitting under the frame with the light making shadows of the hands above sewing a quilt which looks like



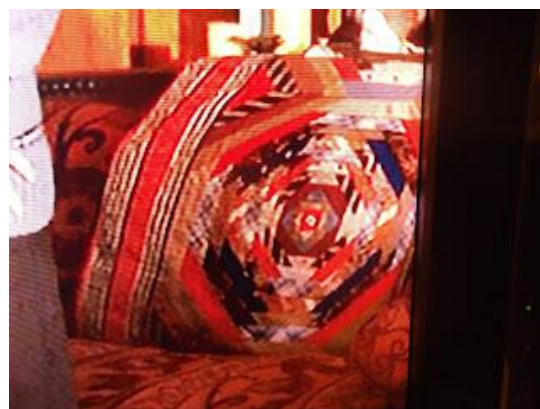
stained glass. The Baltimore quilt in the film is shown below. The link will take you to a textile arts magazine site with more information about the quilt.

[HOW TO MAKE AN AMERICAN QUILT – ARTEMORBIDA](#)



I remember reading that Winona Ryder was too short to wear the quilt as required in the last scene and ended up dragging it through the dirt to the horror of quiltmakers watching!

Another quilt featured prominently in a 2009 film, *The Proposal*. Betty White's character, Gamma, gives it the label "The Babymaker" as she flings it at her grandson and his girlfriend, played by Ryan Reynolds and Sandra Bullock. I just love the warm colours! Pattern is a pineapple block and Jenny Doan gives a tutorial at this link: [Make a Pineapple Quilt with Jenny Doan of Missouri Star! \(Video Tutorial\) - Bing video](#)





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September 2022

Another gorgeous quilt was in the 1989 film *When Harry Met Sally* starring Meg Ryan. It is a copy of an earlier pattern by a woman named Marie Webster who apparently was the first to write a book on the *History of Quilts, Their Story and how to make them*. I can refer you again to Artemorbida for more information. [“When Harry met Sally” – ARTEMORBIDA](#)



Two movie quilts are gifted from mothers to their children to highlight moments to remember. In the movie *Stepmom* (1998) Susan Sarandon’s character makes memory quilts for her children and in *Twilight’s Eclipse* (2010) Bella’s mother has given her a t-shirt quilt to commemorate their travels.

I will end with a scene from the movie *Witness* (1985) set in the Amish community on a lovely day!



Submitted by Joyce



quiltskingston.org/khq/ September 2022

Events and Messages

Pinehill Estates Garage Sale: Saturday September 20 from 8-12.

Multiple homes participating. This is the first one in three years.

I have a small quilt frame which can be adjusted to different sizes (length of boards). It's ideal for baby quilts or wall hangings. It needs a good home.

Sally



Needlework Exhibition & Sale

"Held Together by Stitching"

Hosted by the Cataraqui Guild of Needle Arts

Date: Saturday, October 1, 2022, from 10am-3pm

New Location: Royal Canadian Legion Branch 560, 734 Montreal St., Kingston, Ontario

Admission: \$6.00

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Upper Canada Village 1860's Fall Fair and Quilt Show

September 17th & 18th 9:30 am-5pm



Fall Freebie



Amanda Niederhauser
Design Team



<https://1.bp.blogspot.com/-Ghp2ZMppiAs/XZYtYDZPL4I/AAAAAAAAAV9k/spswpwqMTXwSy-owGVomN9VRtrpEUErdgCLcBGAsYHQ/s1600/acorn%2Bpotholder%2Bthermoweb.JPG>

TWO SEWING MACHINES ARE
AT A BAR.
ONE TURNS TO THE OTHER
AND SAYS
"HEY, AREN'T YOU A SINGER!!?"
IT TURNS AND SAYS "WHY?
JA-NO-ME?"
AND THEN THE BARTENDER
SAYS "OH BROTHER"!!

Mulan Sew



"Here's a little something to help my quilt get to the top of the queue...and no questions asked."



quiltskingston.org/khq/

September 2022

Sponsors and Messages

Taylor Sewing
QUILT SHOP
7712 Kent Blvd
Brockville
613-342-3153
www.taylorsewing.com

JANOME PFAFF AURIFIL

Quilting Fabrics ~ Notions ~ Batting
MonK's Cloth ~ Machine Sales and Service

Online shop 24-7

www.quiltthyme.ca/

SHE-SHED & Studio

Opens Oct 2022

613-536-5255

kmagee5@sympatico.ca

Watch website for details!



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/QUILTERSBARNANDGIFTS

Paisleys Quilt Shop
Fabrics and Gifts

Madonna Oliver

613-203-9011

Info@PaisleysQuiltShop.com

PaisleysQuiltShop.com



“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it’s raining, snowing, or hot outside, we don’t care! Come stretch and relax with me.

Wednesdays 10:30-11:45am Enjoy Gentle Yoga.

Fridays 9-9:45am Enjoy Chair Yoga.

You are encouraged to move within the range of motion of *your* body and with *your* breath. These classes will help you become more aware of what’s going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit yogaforquilters.ca or talk with Donna. Certified Yoga Instructor: Donna Hamilton, yogaforquilters@gmail.com