



KINGSTON HEIRLOOM QUILTERS

NEWSLETTER, SEPTEMBER 2009

KHQ web: quiltskingston.org/khq/

2008/2009 Executive

Life Members:	Margaret Rhodes, Diane Berry, Bea Walroth, Claire Upton, Donna Hamilton
Directors:	Margaret Rhodes, Diane Berry
President:	Donna Hamilton
Past President:	Margaret Henshaw
Vice President:	
Corresponding Secretary:	Sally Hutson
Recording Secretary:	Sylvia Currie
Treasurer:	Simone Lynch
Social Convenors:	Diane Davies
Membership/Phone Convenors:	Rosalie Gray, Gail Jennings
Publicity:	Peggy McAskill
Program:	Executive
Newsletter Editor:	Ros Hanes
Historian:	Bea Walroth
Librarian:	Lorna Grice
Baby Quilts:	Joan Bales, Peggy McAskill

Meeting Dates:	<i>Tuesdays:</i>	Sept 8	<i>Thursdays:</i>	Sept 24
		Oct 6		Oct 22
		Nov 3		Nov 19
		Dec 1		

Message from Your President

Donna Hamilton

Another summer has come and is almost over. It must be time to start quilting again! Time to complete those projects that have stayed with us for so long as we've enjoyed "exquisite agony" over what we should or should not do ... the creative process at work. I think it's so much better to agonize together, don't you?

- We should begin making frames for the *100 Years of Fashion* Blocks and soon be joining them into a quilt; I believe the final design of the centre is falling into place thanks to Ros. Lots of appliqué to do here.
- The *Doors of Kingston* should be finished being quilted sometime in the new year, 2010. Boy, how time flies!
- I hope you've finished the baby top that you volunteered to make or quilt over the summer. I did! (on time this year...) We'll have lots of these to tie and quilt for the hospital this year.
- And we have a few baby quilts coming together: the *Star Quilt* needs a border; The *Birds and Butterflies* needs to be pieced and some appliqué done; *The Birds and The Bees* can't wait to be made! Not sure if the *Bear Quilt* is finished being quilted or not.



I hope you will enjoy working on one or several of the above projects. There are a few others as well such as making *December Rose*, and quilting the remaining *Nickel blocks* that have been made into a smaller quilt. If you have any ideas for *new projects*, be sure to let one of your Executive know about it. What about any new techniques you saw or learned about over the summer? What about a refresher on an old technique? Please let us know what you want to learn or what you've learned. ***The Group will only be great for you if you tell us what you want to do.*** Your Executive will be meeting on September 15th to finalize the fall program to have it ready for our General Meeting on the 24th. Give us a hand and make it fun!

The Member's Raffle block is due on September 24th when we hope to have the draw. Did you get yours done?

Don't forget, *Fran McArthur* is coming to see us on September 24th, all the way from Victoria. This is confirmed. Yah, Fran!

And our lecture (Thurs Nov 5) and workshop (Nov 13-15) with *Pamela Allen* at the Odessa Agricultural Centre is coming up fast. It should be lots of fun. If you get in the mood for more workshops, there's lots' going on round Kingston. Each of our shops has workshops, and yours truly is teaching how to make the *Cardinal Feathered Star* at Quilter's Choice. *Fibreworks Kingston* has a great program for this year as well (see Events at the end of the Newsletter and watch for brochures at the Church Hall, also you can check *Upcoming Events* on our web page).

We think there is a lot to look forward to this year. We hope you think so too.

Happy Quilting, and see you at the Church Hall on Tuesday September 8th!

The Kingston Heirloom Quilters Need YOU

Donna Hamilton

As often happens, life gets in the way of quilting. Two of your Executive need to become "members only" as they step down for a while.

Mary Ann McAndrews is stepping down as ***Librarian***, a position she has held for many years. A family problem needs her attention. *Lorna Grice* has kindly volunteered to take over for her. Lorna needs your help. If you hear of a good book, know of a good author, or would like her to order a book for us, please let her know. This way we will make her job a little easier and you'll (and we'll) get to see that book you've heard so much about!

Anjali Shyam is going back to school at St Lawrence College. We all wish her well in this new endeavour. Anjali was to have helped Bea as ***Historian***. We need someone to work with Bea as Claire Upton has in the past. If you like to take pictures, organize material and maybe even try your hand at writing (about what happens at quilting) or have members write for you, please consider volunteering for this position. Bea will work with you and others will help you along.

Our Treasurer, *Simone Lynch*, is ready to take over the Vice-President position and eventually, become our new President. (I'm headed into my 6th year as President this year. And many others in your Executive have worked just as long.) We need to find someone who is willing to become our ***Treasurer***. Simone is willing to speak to you about the details and what you would do. If you are here at least once a month and are willing to write cheques and keep track of our

finances, please speak with Simone or myself. Maybe two of you would like to take this position – giving flexibility if you or your friend might be away some time this winter or spring. There is lots of help from the Executive. We will not leave you alone *if* you need guidance with what you are doing. Please consider volunteering for this position.

Again, I stress, *our Group will grow and blossom if* we have your help. If no one cares, we will wither and become something you won't want to be connected with. Right now the Kingston Heirloom Quilters are riding high on the great work we do and share with others and one another. We even have money in the bank! The \$1000 cheque from CQA for winning FIRST place in the Traditional Wallquilt category at the Canadian Juried Show has helped along with our other activities. We are having fun with a craft that our ancestors did and we can take it to new heights. We can participate and continue to contribute in this exciting time of quilting or It's up to you.

The 08-09 Quilting Season: Here's what you had to say.

What I liked BEST about the 08-09 Quilting Season

- A great year
- The pleasant buzz of activity at each meeting
- The variety and quality of programs/activities
- The general positive and inclusive attitude of the membership, cultivated by our President
- Hand quilting – talk, workshop
- Machine quilting workshop
- Pot luck lunches
- Everything; loved it all (2)
- Liked/loved the Bus Trip (3) - *sounds like we should plan another!*

What I liked LEAST

- No dislikes this year! Let's have more of the same!

Suggestions for 09-10 Quilting Season

- Any new ways or quick and easy ways to do blocks
- Wish more people would volunteer for positions

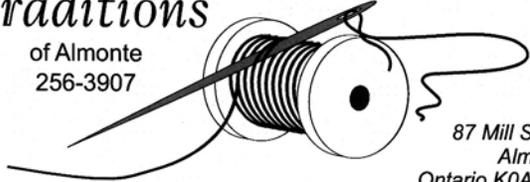
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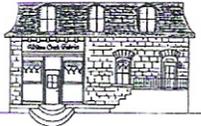


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Membership

Rosalie Gray

From 27 entrants in the June 18 Earlybird draw, this year's "free membership" winner was Sally Hutson. (Hopefully all others will help me to more easily and promptly compile the membership lists by signing up in September! Telephone if unable to attend meetings.)

We are sorry to say good-bye to Barb Reynolds and Margaret Kilby, but wish them both happiness in their new homes.

In grateful acknowledgement of her myriad contributions to the group, we are especially pleased to welcome president Donna Hamilton as the latest "lifetime member" of KHQ. Recognized and nominated by Bea Walroth -- seconded by EVERYONE!! Thank you, Donna, for your incredible commitment to our cause.



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Many, Many Thanks from Claire

Donna and Peggy

As many of you know, Claire Upton was in a car accident on June 27th. She was in KGH for several weeks before being transferred to St. Mary's of the Lake hospital where she is still and will be for a while longer. She hurt her neck, had little movement of her hands and arms, and some in her legs after the accident. We are happy to say she has made great progress. She can move her hands, wrists, and arms and is starting to walk with a walker. She is signing to her kids (not really "kids") again. She hopes to be spending Labour Day weekend with her daughter Kim in Belleville. Her patience and positive attitude are wonderful gifts.

She has asked that we pass along many, many thanks to all of you who sent her prayers, best wishes, cards, flowers, and visits. They have all helped her get to where she is today. Thank You, from Claire!

Baby Quilts

Peggy McAskill & Joan Bales

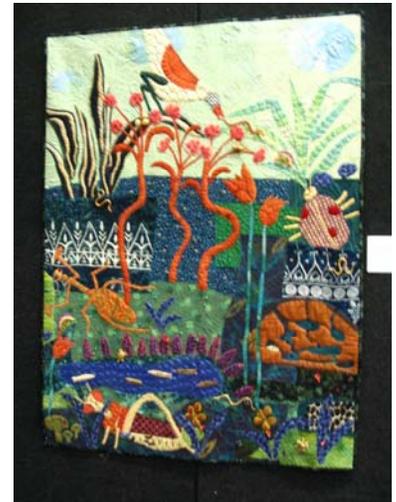
SIXTY-ONE (WOW!!) baby quilts were completed this past year for the Kingston General Hospital. Let's see what we can do for 2009-10. Thank you to everyone for your help.



“Quilts on the Tay” Quilt Show

Donna Hamilton

On a beautiful day in August, on my way to see my daughter in Ottawa with my husband and sister-in-law, we stopped in Perth to see the Lanark Country Quilters show, *Quilts on the Tay*. It was wonderful, with lots of interesting quilts from the area and from across Canada. They had one display entitled: “Kamloops to Halifax” which featured “Super Quilters” from across the country. A sampling of the quilters: Paulette Eccleston, Kamloops BC; Judy Morningstar, Deloraine MB; Carol Godu, Mississauga ON; Karen Goetzinger, Ottawa ON; Elaine Quehl, Ottawa ON; Nina Stahlschmidt, Pelham ON; Elizabeth Lake, Kingston ON; **Pamela Allen, Kingston ON (her piece is pictured here – entitled “Bugs and Other Living Things”**; Lydia Quigley, Kingston, ON; Greta Kristansen-Jacobs, Picton ON; Betty Ives, Windsor ON; Carmella Karijo Rother, Chelsea QC; Lily Lam, Westmount, QC; Valerie Hearder Mahone Bay NS; and the list goes on... Apologies to those I missed.



Every technique you want to think of was there plus. There was a lovely vendor mall as well, to purchase ... well, you know! It was a lovely way to spend a few hours, indeed!

And let me not forget about yet another car quilt, pictured here! It was the first car quilt that Eric Simpkins saw, and he wrote to us with a proposal. More information about that at our meeting ...

- * Best wishes to Rosemary Jonas who just celebrated her 80th birthday.
- * Anjali Shyam has finished her quilt using her blocks from the “Tin Can Project”



* Congratulations to Ros Hanes for winning the Theme Award (and a beautiful glass thimble) at the recent Seminar 2009, organized by our local embroidery guild, CGNA, under the auspices of the national organization EAC. *Well done, Ros!*

* The Kingston Fall Fair is fast approaching. Entries should be brought to the Homecraft Area Wednesday, September 16th, 2009 between the hours of 6:00 p.m.– 8:00 p.m. or Thursday, September 17th between the hours of 9:00 a.m. – 11:15 a.m. The quilt categories are listed below but remember there are many other handcraft categories such as crocheting, knitting, etc. Check out the handbook online at <http://www.kingstonfair.com/> Also Jose Roosenmaallen or Phyllis Vanhorne would be happy to tell you more about the Fair.

QUILTS

1. Quilt – pieced, appliquéd by hand
2. Quilt – appliquéd by hand
3. Quilt – any quilt by a group done by hand
4. Quilt – whole cloth quilting by hand
5. Quilt – pieced cotton by machine quilted
6. Quilt – machine quilted
7. Crib Quilt – pieced or embroidered or appliquéd by machine NO KITS
8. Quilted Wall Hanging
9. Quilt Top – unquilted
10. Quilted Placemats - set of 2 matching
11. Quilt Blocks - 2 different patterns
12. Article of Quilting not mentioned above - hand or machine quilted

SPECIALS:

7101. **Quilter’s Choice**
2009 – Art Quilt
2010 – Scrap Quilt
1st – \$25.00 Gift Certificate
2nd – \$15.00 Gift Certificate
7102. **Kingston Heirloom Quilter’s**
Best Large Quilt of the Show - Hand Quilted – Minimum 72”x 90”
Prize: \$35.00 Cash
7103. **Limestone Quilters Guild**
Best Quilt- appliquéd and embroidery or embroidered Prize: \$35.00 Cash
7104. **2009 Quilt Special**
Variation of Log Cabin
1st - \$60.00 2nd - \$50.00
Note: 2010 – Charm Quilt

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The Gift of Love

Diana from the Quilting Cottage (www.thequiltingcottage.com)

Making a quilt for another person can be a long and emotional process for me, as I rarely give a quilt away. I find them precious to me. I take my work so personally that anyone that has gotten one surely must know that they are just as special to me.

Aside from the usual planning of a quilt, I make a point to do a couple things. *First* I make sure I am thinking of that person (sometimes, to the point of excluding all other thought) at all stages of the process, and *second*, I make the quilt something that shows how I see that person. On some quilts (for my husband for example) I would intertwine colors representing the interconnectedness of the relationship or even make a double-sided quilt. One about the recipient and one about me.

Thinking of that person may seem silly but to me it feels like I am infusing the fabric, stitches, and layers with my thoughts. In a way it's like I am giving the gift of my emotions to that person. *If the emotion is parental love*, then in some ways I would like to think that the quilt could keep all the bad dreams away or to make all the scraped knees feel better. *If the quilt was for a friend*, then all the shared camaraderie and depth of friendship would be there for the times when they felt lonely or a bit down and needed a friend. Ah, then there are *the quilts for love*. Those are something special. They take a long time because they are designed out of my head. I wait for the right inspiration and follow the moment.

Quilts for love are the most emotional

Quilts for love are the most emotional. Will my intentions show? Will he even know that this quilt, this total creation is from the heart and not just some thing I slapped together in an evening? Kind of like the difference between opening the box of cake mix and creating a baked masterpiece that causes all that have a piece to moan with delight.

You may have seen one of these quilts on your journeys. It's the one that makes you tear up with emotion for all its beauty. The quilt that makes your heart skip a beat in its perfection. It calls to you to walk over and touch it, stroke the stitches and sends a chill up your spine. You sigh and wonder if you have ever

known such a love as the kind that made that quilt. The depth of it astounding you, causing wonder of how a quilt could move you so.

The quilts that are made in remembrance of someone or something are moving as well. Depending on why the quilt was made, it will take you back in time through the life of a loved one using either fabric from their clothing or photos, it could recount a traumatic event. It will mark history in ways that touch our hearts and souls. It can teach, remind or comfort.

Quilts and quilters are worthy of respect

Quilts and quilters are worthy of respect just as is a historian. The past is there for us to learn the lessons of our ancestors. Not to repeat them, to take their knowledge and grow as a people and evolve into a higher existence. Look at it this way; quilting didn't just pop into its current level of existence yesterday. It started out, I presume, as simple weaving. Moving through time into colors, patterns, designs and layers.

Wherever you are on your quilting journey and possibly self-discovery, *feel proud*. You are creating the conduit of your love and the person or people that receive it will know the depth of your love. You made it, and that is something worth far more than anything you could buy....

Diana Tavis writes this e-newsletter article and sends it to KHQ every month. Donna hopes you enjoyed it as much as she did. Be sure to visit Diana's web page at www.thequiltingcottage.com

Upcoming events:

SEPTEMBER 2009

Sept 12 - Nov 8: "Over Here: Women, Work & WWII"

"Over Here: Women, Work & WWII" opening held at Wellington County Museum & Archives (<http://www.wcm.on.ca/>) in *Fergus*, Ontario, on **Sunday, September 13 from 2 to 4 pm**. Create by renewed fibre artists **Johenne Maddison**, this travelling exhibit explores the experiences of women on the home front during the Second World War through a series of textile wall hangings. Each incorporates a variety of techniques: *hand-dyed fabric, hand and machine embroidery and quilting, beading and photo transfers*. The exhibit runs until November 8th, 2009.

Sept 25-26: Kitchener-Waterloo Quilt Show 2009

RIM Park, 2001 University Ave E, *Waterloo*, ON. Fri & Sat 10-6 Waterloo County Quilt Guild's 25 Anniversary featuring a display of member's quilts, Draw for Mini Quilts, Guild Boutique, Tea Room, Demos, Merchant Mall, Door Prizes & Raffle Quilt for a local Charity. Admission \$6. For more information, visit www.wcquiltersguild.on.ca or contact *wcqq* at [wcquiltersguild.on.ca](http://www.wcquiltersguild.on.ca)

OCTOBER 2009

Oct 2-3: Royal City Quilters' Guild - A Gathering of Quilts

Royal Canadian Legion 919 York Road (Hwy 7 East), *Guelp*, ON. Friday 10-6 Sat 10-6 display of quilts, merchant mall, demos, miniature raffle, silent auction, bra purses, challenges, admission \$5. Contact: Royal City Quilters' Guild Jackie James 519-824-1342 or email jquilterjames@sympatico.ca or visit their web site at <http://www.royalcityquiltersguild.ca>

Oct 2-3: QUILTS ON THE ROCKS - Quilt & Stitchery Show

Every three years the *Sudbury Quilt & Stitchery Guild* hold a quilt show at the Parkside Centre (OAC) the YMCA building, 140 Durham St, *Sudbury*, ON. This year it is being held on Friday, Oct 2nd from 11 a.m. to 7 p.m and Sat. Oct 3rd from 10 a.m. to 4 p.m. There will be over 200 quilts, lots of Stitchery items, Merchant Mall, Boutique & Silent Auction. See website: http://ca.geocities.com/sdqsg_qor/ for more information. Don't miss this great event -

For accomodations: Recommended Travelodge in Sudbury 1401 Paris St . 705-522-1100 *To book:* contact the hotel directly and ask for the CGQUIL rate - special block rate will be held until Sept 2nd/09. Hope to see you there.

Oct 3-4: 2009 Quilt Show: Quilter's Harvest

Quilt Co is hosting a quilt show from 10am-4pm both days in *Ottawa*, at Glebe Community Centre, 175 Third Avenue, corner of Third and Lyon Street. Free parking at Corpus Christi School. There will be a quilt exhibit, vendors, craft and quilt sale, and draws. For a map, visit their web site at <http://www.quiltco.ca/home.html>.

Oct 16-18: Fibreworks Kingston Workshop with Karen Goetzinger

Fibreworks weekend workshops begin with Friday evening lecture 7-9 pm, inclusive for participants, Guests \$5 at St Lawrence College, Kingston, Room #12050, 2nd Floor on "The Link", (Entrance E12). Workshop Sat & Sun 9:30am-4:00pm again in Room #12050.

Cloth, Colour and Composition with Karen: Looking to strengthen your design skills as you develop your own style of textile art? This workshop encourages you to ask "What if?", and freely gives you the opportunity to play while exploring colour, value, and elements of design exercises. You will work on a number of small pieces and then choose one or two to complete with additional surface design and finishing techniques that will be discussed. Web: www.karengoetzinger.com. For more information, contact Donna at fibreworks@cogeco.ca

Oct 16-18: CreativFestival

(conference classes start October 14) at the *Metro Toronto Convention Centre*, South Building, at 222 Bremner Blvd, in *Toronto*, Ontario where vendors, designers, authors and instructors are on hand to help you express your personal style. To see this year's offerings, download a brochure at http://www.csnf.com/f09_brochure.html. To purchase tickets online, go to <https://secure.e-registernow.com/cgi-bin/mkpayment.cgi?state=1373>

Oct 17: Victoria Quilts Quilt-a-Thon at Orleans, ON

Meet old colleagues, make new friends, and enjoy the cooperative spirit as we cut, press, and sew our way through many quilts. Last year, we made well over 130 quilts, and this year we're hoping to surpass that number. Check in on Saturday at 8:30am at Orleans United Church, 1111 Orleans Boulevard, *Orleans*, ON. Cost is \$12 to help defray the costs of purchasing quilting supplies for the event. Lunch will be provided. Registration closes Oct 2 and is limited and will be awarded on a first come, first served basis. Fill in registration form at www.victoriasquiltscanada.com and submit online, or print it out and send with cheque to Victoria's Quilts Canada. For more information visit web site or call (613) 843-9212

Oct 19-24: Quilts from Ireland, Cotton-By-Post, Ailsa Craig, Ontario

The Third Annual Quilt Exhibition will feature quilts from IRELAND (both the Republic of Ireland and Northern Ireland). (2008 featured quilts from East Africa, and 2007 quilts were from Russia) in Ailsa Craig. Garnet Smalley and Suzanne visited the Kingston Heirloom Quilters bringing with them a trunk show of the Irish quilts. They were wonderful! This will be another great show. The Kingston Heirloom Quilters and friends took a bus trip to Ailsa Craig in October 2008 to see the quilts from East Africa. Great quilts, great African quilters, and great trip! Visit the web page of Cotton-By-Post.

November 2009

Nov 6-8: Fibreworks Kingston Workshop with Elaine Quehl

Fibreworks weekend workshops begin with Friday evening lecture 7-9 pm, inclusive for participants, Guests \$5 at St Lawrence College, Kingston, Room #12050, 2nd Floor on "The Link", (Entrance E12). Workshop Sat & Sun 9:30am-4:00pm again in Room #12050.

Reflections– Cut Loose Curves with Elaine: Cut loose and spend a weekend learning to cut curves free-hand with only a rotary cutter and mat. Piece them together to produce an original design, or create the background for an original work. No rulers, no measuring, no pinning!! Or, with minimal measuring (of only the original squares of fabric), you can also create blocks using cut-loose curves and explore the rhythm and movement that result from a variety of block arrangements.. If you love serendipity, then prepare to be surprised and delighted.

Web: www.equarelle.ca/Equarelle.htm. For more information, contact Donna at fibreworks@cogeco.ca