



KHQ September 2025

quiltskingston.org/khq/

September 2025

Mary Ann's CQA Trip	1	Meeting September 2nd	9
News From Joanna	3	Eleanor's Quilt	10
Baby Quilt Report	4	Three Sites to Peruse	10
Great Stash Sale	5	Upcoming Events	11
Joan's Stash Sale	8		



Quilt displayed at CQA show in July. Read the following article to learn what surprised Mary Ann.

Bus trip to CQA Show

We boarded the two buses at Toys R Us and were pleased to see that we had brand new buses with outlets for cell phone, iPad and the like. Very comfortable seats. We arrived in a short time and were all eager to see the show.

Upon entry, we first walked into the area with all the vendors. There were five aisles of vendors, fabric companies, displays of quilt related items and most had free draws. I did a quick walk to the back of the centre to get my bearings and spent the next 2 hours looking at incredible pieces of quilting.

The quilts, wall hangings, garments that were juried into the show, hung against a black backdrop with huge amounts of room so I could back up to take some photos. I spoke to two of the artists that made the quilts, and the back stories were just as interesting as the quilts themselves.

A quick stop for lunch and I was off again to see the Exhibition pieces at the back of the hall. The first were quilts done by teachers in the CQA. I heard many people say they had done these quilts themselves. The second display had quilts and wall hangings done by Peter Byrne. I was later told that he had entered 7 pieces in the juried show and had won 4 awards. Peter was there and it was interesting to listen to him talk about his quilts. The last displays were wall hangings done by young quilters and the future of quilting is in good hands.

As I was leaving the back part of the hall, I noticed a huge quilt that was hanging as a divider between the juried quilts and the other exhibits. Upon closer inspection, I realized that I'd seen this quilt before. It was a Canada quilt made in 1992. A book on a table at the bottom of the quilt allowed me to find 2 blocks that I had made for this project so long ago. Three blocks to the left of mine was one done by Bea Walroth. It was her grandchildren building a snowman. Not sure where this quilt has been for so long but a good surprise for sure.

When the show was almost over, I stopped at one vendor that had a sale on fabric (half meter for \$5 was my only purchase). The store's area was very small, and I found myself blocked near the back of the booth, unable to get out. The woman beside me was also unable to move. She looked down at me and said, 'Elbows Up' and I followed her out.

As I was leaving, I overheard a woman who was looking after the First Nations quilts, mention that for next year's CQA, (in Manitoba) they will be looking for orphan blocks. I think we have one or two we could donate then.

A great day and most inspiring.

Happy Quilting, Mary Ann

A promotional graphic for 'Stitch By Stitch Kingston'. On the left, there's a circular logo with the text 'stitch by stitch' in a stylized font, surrounded by colorful fabric scraps and floral patterns. To the right, on a purple background, is the text: 'Grow your skills with us!', '550 Days Road Kingston, ON 613-389-2223', 'VISIT US IN STORE OR ONLINE', and 'StitchByStitchKingston.com'.

KHQ meet 9:30am to 3pm at St. John's Anglican Church Hall on Church Street in Portsmouth Village, Kingston. Members bring a lunch and enjoy the stimulation of fellow quilters throughout the day.

2025 Fall Meeting Dates: Sept 2, 16; Oct 7, 21; Nov 4, 18; Dec 2; Jan 6, 20.

Note meetings are ALL TUESDAYS

News from Joanna



I just wanted to share the exciting news that this quilt, *My Galaxy*, made by KHQ member (and co-founder) Diane Berry is currently on display at the International Quilt Museum in Lincoln, Nebraska. Also on display are quilts by the late Margaret MacLean, Margaret Rhodes (KHQ co-founder) and Phyllis Vanhorne. These women created quilts for Los Angeles artists under a commission to LA art and quilt collector, Ludy Strauss in the late 1970's for an exhibition called 'Artists' Quilts'. Ludy's collection of quilts is now in the permanent collection of the International Quilt Museum. You can see a Virtual Tour of the current exhibition at this link (scroll to the bottom of the page to see 'Virtual Gallery') and see that our Kingston women are acknowledged on the gallery labels:

<https://www.internationalquiltmuseum.org/exhibition/collectors-eye-ludy-strauss>

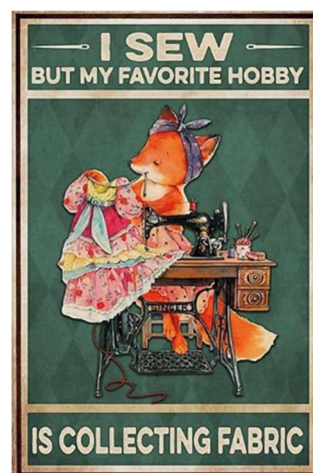


Left: Ludy with the Margarets, Diane and Phyllis

Middle: Margaret Rhodes (KHQ co-founder) and Margaret Maclean

Right: Phyllis at work in frame (Craig Kauffman untitled)

Joanna Dermenjian, MA
Visiting Scholar - Toronto Metropolitan University
Researching Canadian Quilt History
www.sutureandselvedge.com



Baby Quilt Report

KHQ donated ten baby quilts and one knitted blanket to the hospital over the summertime.

Our amazing Bernice Day has moved to Perth to be closer to her family. Bernice has been our chief 6" square cutter, binder & knitter. However, I'm hopeful that we can keep her supplied with "homework" by special deliveries.

Yippee, Ellen has offered to make the first delivery. Thank you, Ellen.

It was wonderful to be back yesterday. Thank you all for continuing to help.

Peggy



Two Perspectives on the Great Stash Sale

Beth M & Donna



Beth: What does a woman's stash say about her? Just like her wardrobe or her library, each woman's stash reflects her tastes and talents, her history and her dreams. This August, members of CGNA (Cataraqui Guild of Needle Arts) and Kingston Heirloom Quilters (KHQ) took on the task of helping Donna to deal with her late sister-in-law's stash. It turned out to be an exhausting, and somewhat sobering, experience.

Joan's stash was, in a word, voluminous. She was a quilter, an embroiderer, and a collector. Her book collection was large! As we sorted through books, patterns, fabrics, threads and tools, we learned about Joan's fondness for things Oriental, about her passion for embroidering flowers with silk ribbon, about her skill so evident in finished and half-finished pieces.

Donna exhibited organizational skills that she probably didn't know she had. She found a time and venue for the stash sale at our home, St. John's Anglican Church in Portsmouth. The church staff were incredibly generous and co-operative. Thank you! Then, Donna started readying the items for sale.

Donna: First, I have to say "thank you" to all of you, to all my helpers. I could not have done this without every one of you. I am so proud to have such wonderful friends, friends that I can count on for helping with a job like this. I truly hope you all took something for yourself. And if you haven't, there are some books, fabric, and thread left over. Some of the books were chosen by Ros for our Library; some will be kept for Quilts Kingston 2027. I'll probably be bringing in items as I sort through what I have at home. I also have many empty bins with lids that could use new homes.

I must share that your ideas and suggestions were wonderful as well. For example, Beth M looked through the books ahead of moving time. She kept books suitable for CGNA's library at her home, saving us lots of space (70 books' worth). A brilliant idea! Another example: when we started sorting at Joan's home, there was a room upstairs full of bags and goodies. A few of you took time to come over to help me go through those as well as the bags and bins in the basement, sorting likes with likes and disposing of items that were too tattered or worn. We did our best but didn't quite finish. We did find a bag of shoes that Diane D took to a thrift



Beth: When I was at Joan's house, her daughter declared that we should take items we fancied rather than let them go to the junkman. Then, she said to me, "I saw where your eyes went," and she took this beauty off Joan's dining-room wall and gave it to me. It was not stitched by Joan. It was donated by Eva to Guild and offered at a silent auction at one of our fairs; Joan and I got involved in a bidding war for it. Eventually, I "let" her win it, never imagining that she would reciprocate a decade later.

shop. We didn't find the bag of purses and bag of running shoes until they were at the Church! But I digress. As we were repacking the bags and bins and doing a rough sort, Diane D came up with the brilliant idea of bringing all the downstairs items upstairs, so that the next day, when we transported Joan's stash to the church, there would only be three steps to get out of the house. She proceeded to carry bags up the steep stairs to the kitchen. Eventually, Ros, Diane and I finished the job, completely filling the kitchen.

The next day, we found emptying the house surprisingly manageable. We also used both the front door and a side door to load up cars. (Another brilliant idea.) We moved the entire stash to the church in a little more than an hour and a half with eight hatchback carloads! When I originally thought about this, I'd figured we'd



be lucky to finish in a day. But thanks to Diane's suggestion and everyone else's efforts and knowledge of space and how to fill their car efficiently, we were done in an incredible amount of time!

The final organizing of the stash at the church hall, was just as impressive. I defined the large categories and decided how many tables were needed and the rest of you made it happen and changed things as needed. Unbelievable!

Beth: On Civic Holiday Monday, members of both guilds wheeled and lugged stuff into the church hall, depositing materials according to the signs that Donna had

suggested Mary Ann affix to tables. Helpers chose what they could usefully do. Mary Ann dove into those bins of quilting fabric as only an ex-employee of a quilt store could do. Leola, a CGNA member, our retired schoolteacher, sifted through ten inches of "Embroidery Canada" magazines, clipping the projects and stitch instructions for CGNA's future use. Francine pulled out her organizational tools and sorted through reams of threads and patterns and kits, putting likes with likes. Anjali, Diane D, Lyn, Karen, Gabrielle, Kristeen, Jose and other quilters all found jobs that suited them or just took on the jobs that they saw needed to be done.

And, why? Although both guilds were to receive a portion of the proceeds of the sale, this was never a money-making enterprise. We did it out of respect for Joan, for Donna, and for the materials and tools of the crafts we love. We may all be "dust in the wind", but we won't stand back and let a woman's stash go to a landfill.

Despite the August heat, turn-out on the three sale days was steady. The prices had been kept low, and some customers were clearly delighted to build their own stashes so economically. And, yes, each of the workers found an item or two that had to be purchased and preserved.... just to be polite, of course.



Donna: The last day of the event was equally impressive. I had invited several groups working on community projects to come for fabric donations after the sale. A few, who had not been at the hall, said they would love to come and take **the rest of the stash!** I smiled and told them to come. Their eyes said it all when they entered the hall. You all helped these community volunteers find fabric to their liking. As Mary Ann states else where in this newsletter, we helped the ladies who make pillows and other items for breast cancer patients at KGH, a schoolteacher teaching quilting to her Math students this year, the Grandmothers to Grandmothers group who make items to sell for people in Africa, a quilter from the Morningstar Mission in Napanee, the Limestone Community Quilts' lady; the Heirloom Quilters with fabric for community baby quilts and other quilts, and others who went away happy with fresh ideas for some new projects.

It took about two and a half hours to clear everything away – some items did go to thrift stores. There are still bins of fabric and two boxes of embroidery books. The remaining quilt books have been sorted by Ros and set aside for Quilts Kingston 2027. Lyn M helped me bring the many empty bins to my home.

Even Joan's inoperative sewing machine was claimed by someone who has a business fixing sewing machines. But -- and I love this part – there was further interest in a sewing machine. Lesley, the church Admin Assistant, shared with me that she was interested in having one at the church to fix a torn tablecloth, sew on a button or this or that. I had just put down the phone when a former CGNA member called about some of her stash. And she had a working sewing machine that she wanted to give away. The next day, Lesley saw it and now has a machine at the church. I have felt like Santa Claus so many times during the sale. We made so many people happy sharing Joan's legacy. It was a privilege and an honour to be able to do this.



Finished wall hangings

Beth: Participating in an event like this does make one think about the fate of one's own stash. Some members felt that the take-home message was, "Don't leave something like this for your heirs to deal with." Others felt that a large stash is not problematic if properly organized and inventoried. Several finished pieces did not sell – suddenly, I appreciated that it is better to hang my pieces where I can enjoy them, even if I can't spend the money to get them properly preserved, than to wrap them in acid-free paper and bequeath them to family who may not **much** want them. Perhaps the saddest

items were the half-finished ones, the abandoned dreams. No woman with a stash should ever be required to give those all up.

Donna: The next day, whilst putting the sprinkler on my flowers in a very light rain, I looked towards Joan's house and saw a beautiful rainbow stretched across the sky. I had never seen a rainbow there before. Joan was saying that she was pleased with what we accomplished. Well done, everyone! And Joan, may you rest in peace!

Note: Beth M is a CGNA member. We wrote this article for the CGNA newsletter and as I started to write for KHQ, I thought we said it all here. With Beth's permission, we're sharing this article (slightly altered) with the Heirloom Quilters, our close partners.

Joan's Stash Sale Shared by Mary Ann

When Donna called to ask for help with Joan's sewing and embroidery supplies, I greatly underestimated the amount that this involved. After putting up fourteen tables, we quickly filled eight with quilting fabric, and even more was placed in totes under the tables. A common response when people first came into the hall was "I need to start downsizing!"



All three days were busy. People would start piles around the room because they couldn't carry it all.

The second day, I started to realize the number of community volunteers that had come to the sale for supplies. These ladies represented various groups, the baby quilts for Kingston General Hospital, the sewing circle for the Breast Cancer Association of Kingston (picture on the right of the drain pouch and pillow they make), and volunteers of quilts for veterans and Stephen Lewis Foundation's Grandmothers to Grandmothers Campaign.

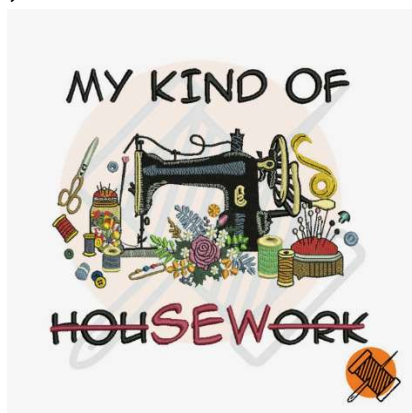


I also met two teachers that were buying supplies for students when school began. One teacher bought rulers and was going to teach a geometry class to grade 9 students and create quilt blocks.

There were also two young ladies that bought dress patterns, fabric, notions and looked forward to learning dressmaking.

This was truly Joan's legacy. All these ladies who purchased her fabrics, books, threads and notions will have a rippling effect throughout the community for a long time to come with her fabrics and supplies.

Well done, Joan.



September 2nd Meeting



Gail and Simone at the frame.



Vivian working on Christmas themed baby quilt.



Baby quilts ready for binding.



Time to decide on quilt background fabric.



Emo bag of monster face, knock off of Labubu doll, sail sling and waist bag.

" Winner Take All" (2025)

This quilted wall hanging by Eleanor Clark was made from blocks won in a KHQ "quilt challenge" raffle from several years ago.



Three Sites to Peruse

[Whitewood and Linen - Beautiful Styling, Crafts, Upcycling and Design Blog](#)

From Small Things you tube videos about scrap quilting with Susan. <https://youtu.be/bapPnacdj0M>

Historical mystery: Eaton's and Simpsons quilts

August 19, 2025

Lois Tuffin

[Historical mystery: Eaton's and Simpsons quilts - Canadian Quilters Association/Association Canadienne de la Courtépoin](#)

Kingston Fall Fair

"September 11 – 14, 2025 – "Celebrating 193 Years of Tradition! "

The **Kingston Fall Fair** returns for its **193rd year** from **September 11 to 14, 2025**, at the **Kingston Memorial Centre**. Hosted by the **Kingston & District Agricultural Society**, this historic event continues to honor the region's rich agricultural heritage while offering a diverse array of entertainment and activities for all ages.



Saturday, September 13, and Sunday, September 14, will transport you back in time to a dazzling 1860s **Fall Fair Weekend at Upper Canada Village**.

- 10am – 5pm | Quilting Bee at Ross House

Mad About Patchwork is thrilled to present the **Outdoor Quilt Show**, a whimsical journey along a 0.6 km loop trail through enchanting woods adorned with breathtaking quilts. 🌿 ✨

Why Attend? 📖 **Quilted Artistry:** Marvel at a kaleidoscope of modern and traditional quilts, each telling a unique story with every stitch and pattern.

🌈 **Colors Galore:** Immerse yourself in a world of vibrant fabrics, where creativity knows no bounds.

💖 **Give Back:** Admission is FREE, but we welcome donations for Quilts for Survivors, Quilts of Valour, and Victoria's Quilts, helping us make a positive impact.

📅 **Date:** September 19-21, 2025, 10:00 AM - 5:00 PM

*weather permitting

📍 **Location:** 2477 Huntley Rd, Stittsville

Get ready to step into a world where art, nature, and giving beautifully converge! 🧘 🌲

More info: [Outdoor Quilt Path - Sept 19-21 2025 – Mad About Patchwork](#)

Quilts in a Small Town



a Quilt Show presented by
the Almonte Quilters Guild

Friday Sept 26 & Saturday Sept 27, 2025
10 am - 4 pm

QUILT EXHIBITS
VIEWERS' CHOICE RIBBON
DEMONSTRATIONS
COMMUNITY DONATION DISPLAY
VENDORS

Admission \$10
Children under 12 free

Almonte Civitan Community Hall
500 Almonte St, Almonte, ON
Free parking - Wheelchair accessible

www.almontequiltersguild.ca



[Red Barn Quilt Sale Vendors – Local Artisans & Handcrafted Goods](#)

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“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it is raining, snowing, or hot outside, we don't care! Come stretch and relax with me.
 Wednesdays 9-10:15am Enjoy Gentle Yoga.
 Fridays 9-10am Enjoy Chair Yoga.

You are encouraged to move within the range of motion of your body and with your breath. These classes will help you become more aware of what's going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit yogaforquilters.ca or talk with Donna.

Certified Yoga instructor: Donna Hamilton, yogaforquilters@gmail.com

Sunday Funny

#quilting #fabricbash #quilt #fabricstore

