



KHQ Newsletter May 2026

quiltskingston.org/khq/

May 2026

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Welcome!

The sun is finally out again. I don't know about you, but I've been missing the sunshine outside. Inside, at St John's Anglican Portsmouth Church Hall, there is always sunshine when we have our KHQ meetings. We have been busy making lots of quilts for the hospital, learning about quilting from each other, showing and sharing our quilts made at home and slowly hand quilting and finally reaching the middle row of our Sampler Quilt. Yes, that's right, we're almost finished quilting the Sampler. We will be starting the middle row on Tuesday April 21. How exciting!



On a different topic, Saturday April 11, Anjali, Joyce, Mary Ann, Ros, and myself went to the Normandy Retirement Home to show two of our other hand quilted quilts and to sell boutique items. As you can see from the picture, we had a lot of fun and a lot of stuff to sell. We met two former KHQ members who now reside in Normandy. We even sold a couple of items. Simone was a booth away from us selling her bags. We just may do this again at other events. Watch for notices.



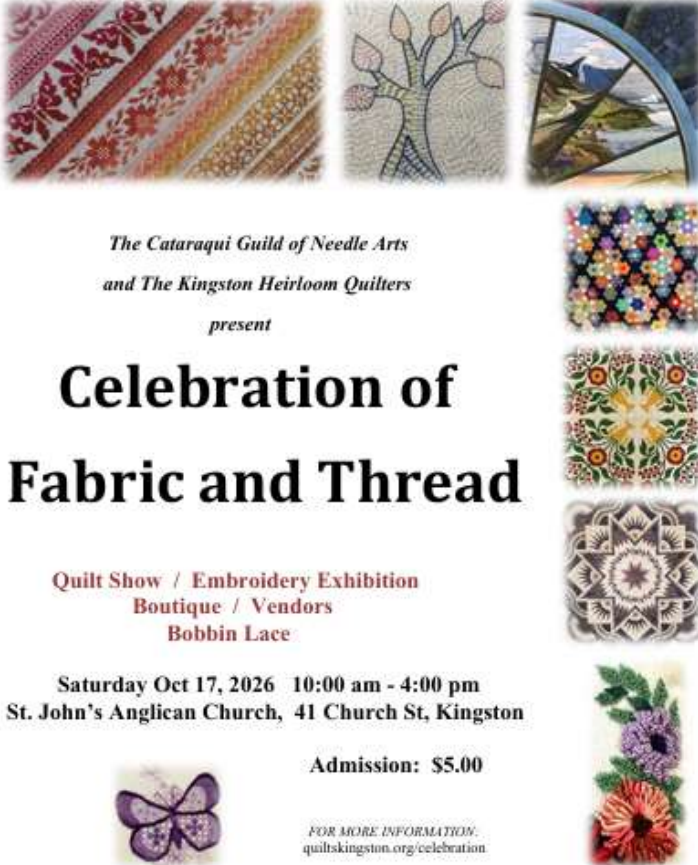


Talking about other events, save the date Saturday, October 17th. The Kingston Heirloom Quilters are partnering with our friends, the Cataraqui Guild of Needle Arts, to put on a one-day Show featuring our needle work! It will be held in the historic St. John's Anglican Church, Portsmouth with quilts on the pews, as they've done in by-gone days, a step back in time. The Church Hall will have embroidery displays, hung quilts, tables for our lacing and rug hooking friends, and a few vendors. We will also have a boutique where visitors will be able to purchase items made by each group or maybe buy some books. We will need your help. Watch for more information on this event as we get further into planning.

Look at the quilts you have at home and consider which ones would be best to display.

We hope to show the community that the creative spirit is alive and growing in the halls of St. John's.

Donna



*The Cataraqui Guild of Needle Arts
and The Kingston Heirloom Quilters
present*

Celebration of Fabric and Thread

**Quilt Show / Embroidery Exhibition
Boutique / Vendors
Bobbin Lace**

**Saturday Oct 17, 2026 10:00 am - 4:00 pm
St. John's Anglican Church, 41 Church St, Kingston**

Admission: \$5.00

FOR MORE INFORMATION:
quiltskingston.org/celebration

Baby Quilt Report

We're still at it! The baby quilts are continuing to be finished. I find it amazing! Thank you all. Bernice, a special thanks to you for all the knitted blankets. There is one quilt pictured in this report that was sold. Thank you to Simone for making the hexagon flower quilt for KHQ. Thank you, Anjali for selling it at The Normandy earlier in April. All the other quilts have been donated to the hospital.





These three baby quilts will be donated to the Boutique at KGH for them to sell.

Peggy

Do you air your quilts on the clotheslines in the spring breeze?

Show And Share

February 17th Meet

Fabric donation from Betty Gill.



Simone shared her bags (top right) and a quilt (below on left).



(Top right) Mary's quilt in progress. Finished top can be seen later in this newsletter!

When travelling do you bring your own OttLite or a high wattage lightbulb to see better for needlework?

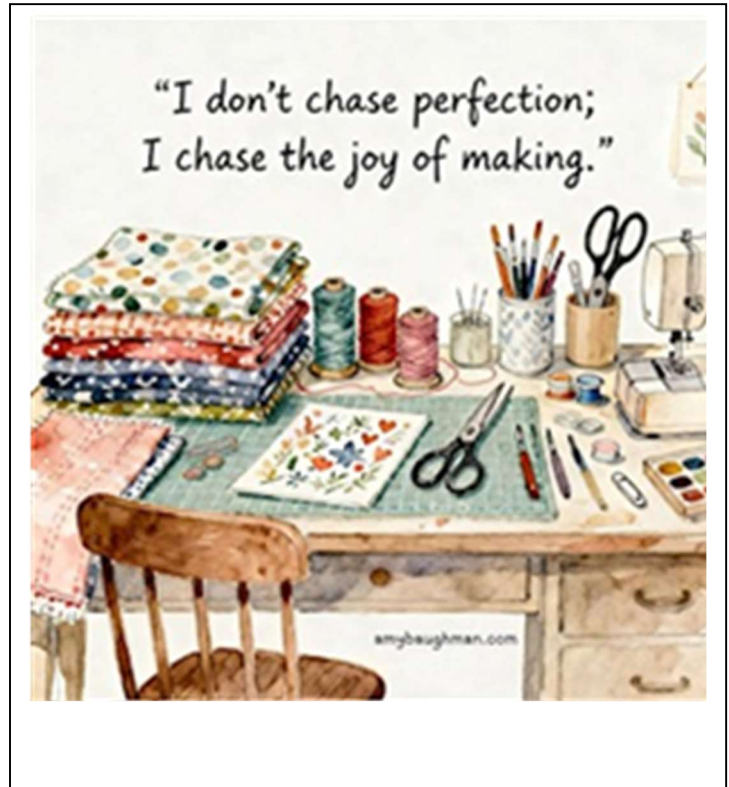
March 3rd Meet

Photos courtesy of Donna. Karen shared a variety of quilts and Alysha a brightly coloured clown quilt.



March 17th Meet

Simone's two new purses.



April 7th

We had a late snow and a small turnout on this date.

Mary shared her finished top.



April 21st

Brenda came to our meeting seeking more information on the care of antique quilts after reading an article on our website which she found helpful. The name quilt pictured below is from the Anglican Parish of Tyendinaga. It was returned to that church by Bishop Creegan's family. The quilt is especially meaningful to Brenda as it has the names of several of her relatives as well as other Mohawk names of the community.



Below left: A sampler quilt top which Karen found in Perth forty years ago.



Top right: Simone's hand stitched, quilt as you go, baby quilt.

She used some of the fabric from Betty Gill for this table runner.



Lesson on drafting quilt blocks patiently taught by Mary Ann.

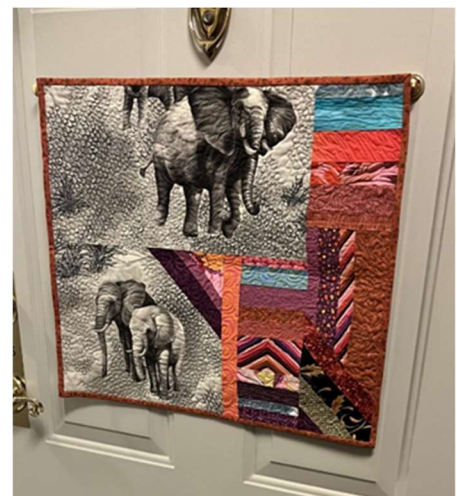


We had some visitors admire the Canada quilt as it was laid out on the table to ponder some additions.



March 21st was International Quilting Day

In response to how you celebrate Fran L sent this photo of a quilt to view on the clothesline while Mary Catherine shares that her quilt is on the front door of the condo telling visitors that a quilter lives here!



Christina Lea shares the following...



Thank you for having me as one of your new members. I originally started this quilt top last year after my boyfriend registered me for the beginner quilting course at Stitch By Stitch. I never - through no fault of the shop - would have completed this without the help of the Heirloom Quilters, especially since they provided me the backing for my project for free due to my membership. I am very grateful for both your assistance and the previously mentioned materials. I will not forget to bring back the excess fabric! Am I now officially a quilter?! :)

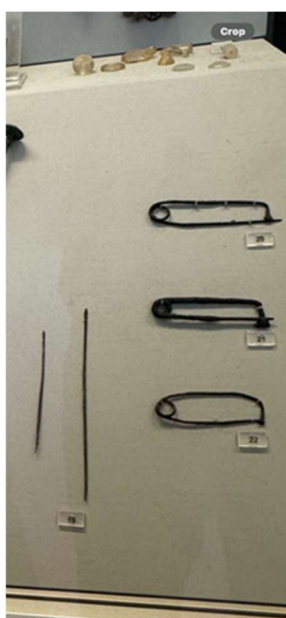
The National Archaeological Museum in Athens, Greece.

Submitted by Anjali

More than 200,000 ancient artefacts are stored in this museum. About 11000 are on display.

On my recent visit, I was humbled to see pieces dating back to 7000 BCE.

These are bronze needles and dress pins (look like safety pins) from Chamber tombs at Mycenae. 1500-1200 BCE



Kingston Fibre Artists March 28 to April 19th 2026

Hope you managed to go to the Kingston Fibre Artists' Show at the Tett. Here are some pictures.

Linda Coulter



Phillida Hargraeves

Nelly Kamphuis



Tiina Kukkonen

Lori Everett





Linda Coulter



Seymore Armstrong



Tiina Kukkonen



Tiina Kukkonen

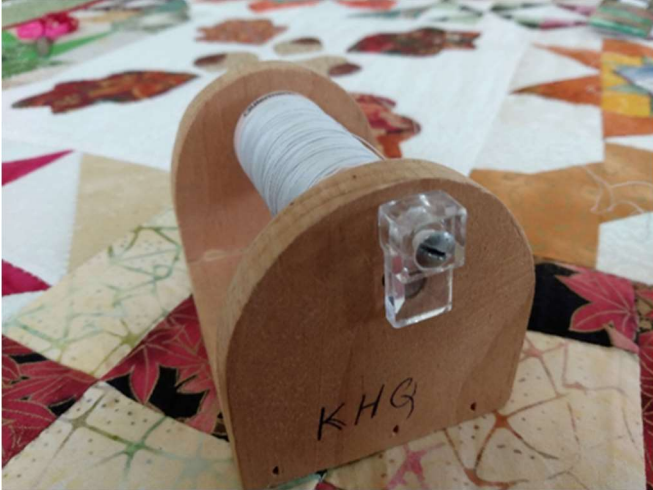
There were so many more beautiful pieces. I do hope you had a chance to see them all.

Submitted by Donna

Do you keep your thread from developing dry rot for years by putting it in the freezer in plastic bags?

Do you put a moisture absorbing packet in your jar of safety pins to keep them from rusting?

Time to Change the Thread Holder?



Don't reach for the screwdriver. Donna explains below.

Have you seen the wooden thread holder on the quilt? Have you ever wondered how to put another spool of thread in it? We recently did just that. It really is simple if you know how. If you don't, it can be a puzzle. If you look below, you will notice a piece of plastic held to the holder by a screw. Normally, the screw is kept tight so that the plastic will not move. A small turn of the screw releases the

plastic piece so it can move to the right, revealing a hole with the wooden stick that carries the thread. You can then replace the thread, move the plastic back down to hold the stick in place and tighten the screw.

Simple!



What's Your **QUILTING NAME**

1. Find the first letter of your name.

A - Log Cabin	J - Pinwheel	S - Patchwork
B - Precut	K - Back Stitch	T - Binding
C - Scrap	L - Batting	U - Sashing
D - Fat Quarter	M - Fabric	V - Free Motion
E - Appliqué	N - Thread	W - Bobbin
F - Stash	O - Four Patch	X - Longarm
G - Half Square Triangle	P - Stitching	Y - Border
H - Scissor	Q - Flying Geese	Z - Ironing
I - Seam Allowance	R - Seam Ripper	

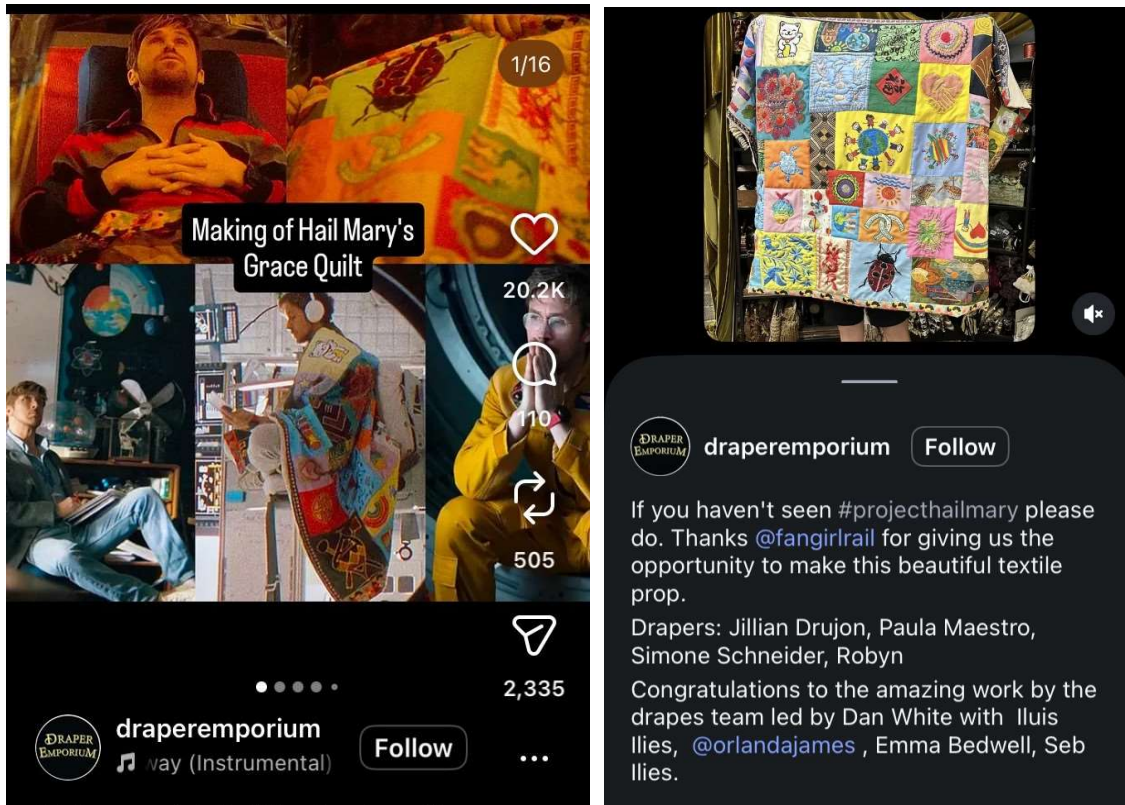
2. Find the month you were born.

Jan- Mama	May- Angel	Sept- Genius
Feb- Addict	June- Pixie	Oct- Queen
March- Wizard	July- Superstar	Nov- Gangster
April- Princess	Aug- Fairy	Dec- Ninja

WWW.THELITTLEDHENONLINE.COM



Project Hail Mary (2026) The film has an interesting textile prop!



Internet Browsing (Press Control button and click while cursor is over the blue line).

1. [The Quilt Makers - Legion Magazine](#)
2. [Part 1 – A Journey Through Quilting History | EDQG](#)

3. The quilters of Goulburn County

Thesis Carleton University Katherine Anne Scott

Begins with a chapter on the history of quilting but also of interest Chapter 2-page 41 Communities history and Chapter 3- pg.41. Click on the content button below

[content](#)

4. [Free Quilting Organizing Printables - A Quilting Life](#)
5. All People Quilt site for two links:

[Sewing Projects Using Wool](#)

[Free Sewing Projects](#)

Upcoming Quilt Shows



Sunshine Quilt Show

May 8 & 9, 2026 10 am - 4 pm
ODAS Park 4500 Fairgrounds Road, Severn
New Location - Lots of Parking
Admission: \$10 CASH OR DEBIT
per person / per day

- Feature Quilter
- Quilt Exhibit
- Vendors Mall
- Guild Boutique
- Refreshments
- Bed Turning
- Demos
- Scissor Sharpening



Hosted by
Orillia Quilters' Guild
 orilliaquiltersguild.com



KAWARTHA QUILTMAKERS' GUILD
 Presents

Feelings In Fabric Quilt Show and Sale

Fri May 8 - Sat May 9, 2026
 9:30am - 5:00pm 9:30am - 4:00pm

Location: Peterborough Sport & Wellness Centre
 775 Brealey Drive, Peterborough, ON

- Vendors
- Charity Quilt Raffles
- Displays
- KQG Member's Boutique (Items for Sale)
- Prize Baskets
- Light Refreshments Available
- Antique Quilts (Bed turning Daily)
- Scissor & Tool Sharpening (Bring your Items)

Feature Quilter: **Marg Worsick**

For membership information:
 kagquilts.ca
 EMAIL: kagstitch@gmail.com

\$10 ENTRY
 Cash only (ATM on site)



QUILT SHOW 2026



"Piecing It All Together"

Featuring the quilting artistry of members of the
Adirondack Quilters Guild of Malone, NY

**Friday, May 15, 2026 from 10 AM - 4 PM and
 Saturday, May 16, 2026 from 10 AM - 3 PM**

*Location: First Congregational Church
 2 Clay St. (corner of E. Main & Clay Streets), Malone, NY 12953*

**150+ Bed Quilts and Quilted Items on display throughout the
 Historically and Architecturally significant 1st Congregational Church**

*Quilts for Sale - Quilt Shop Vendor Mall on site - Quilting Demonstrations-
 Brown Bag Raffle - Huge Fat Quarter Basket Raffle !!
 Light Lunch and refreshments available for sale - Adequate free street side parking*

<< Quilt Show Admission Donation \$5.00 >>

*A portion of the Show Proceeds will be shared with:
 Helpful Haven Respite*

< For More Information call Kathy Colburn 1-315-842-6652 or see www.adirondackquiltersguild.org >



QUILTING IN THE VALLEY

VENDORS
TEA ROOM
RAFFLES & MORE!

MAY 30-31 2026

NICK SMITH CENTRE
 77 James Street, Arnprior, ON

arnpriordistrictquiltersguild.com
 @arnpriordistrictquiltersguild



QUILT SHOW 2026 hosted by Trent Valley Quilters' Guild **"BEHIND THE SEAMS"**

6 & 7 June 2026
 Open 10-4 each day

FEATURED ARTIST - DIANNE FULLER

\$10 Adult admission • \$5 for children 12 and under • Cash or Debit • Ample Free Parking
 Raffle Baskets • Vendors • Scissor Sharpening • Tea Room • Artisan's Market
 Comfort Quilts & Quilts of Valour on site
 King Edward Park Community Centre, 75 Elizabeth Street, Brighton, Ontario

Trent Valley Quilters Guild

June 6 and 7, 2026 at 75 Elizabeth Street, Brighton, Ontario





2026 Quilt Show

Friday, June 12 & Saturday, June 13, 2026

Lois Kemp Arena – 200 Glen Park Drive,
Ottawa



Prince Edward County Quilters' Guild

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“Yoga for Quilters” offers gentle classes, using pillows, straps, yoga blocks or big books, all from the comfort of your home. If it is raining, snowing, or hot outside, we don't care! Come stretch and relax with me.

Wednesdays 9-10:15am Enjoy Gentle Yoga.

Fridays 9-10am Enjoy Chair Yoga.

You are encouraged to move within the range of motion of your body and with your breath. These classes will help you become more aware of what's going on in your body and mind, ending with a full relaxation, bringing more energy to your body for the day ahead, preparing you for important tasks, like quilting. Enjoy the company of fellow quilters before and after class. For more details and to register, visit yogaforquilters.ca or talk with Donna.

Certified Yoga instructor: Donna Hamilton, yogaforquilters@gmail.com

